

D-20

1 - 202	FIF Hillerød Orientering 2		02:18:26
1	Larsen, Camilla	00:32:44	
2	Simonsen, Annika	00:36:35	
3	Larsen, Camilla	00:33:03	
4	Simonsen, Annika	00:36:04	
2 - 201	FIF Hillerød Orientering 1		02:27:50
1	Brinch, Maja Lykke	00:33:24	
2	Kempff-Andersen, Isabella	00:38:40	
3	Brinch, Maja Lykke	00:32:34	
4	Kempff-Andersen, Isabella	00:43:12	

D21 (4)

1	14 Farum OK 1		2:27:43
	Malene Telyakevych	34	50:36
	Ann-Dorthe Lisbygd	28	50:10
	Anna Telyakevych	31	46:57
2	13 OK Øst Birkerød 1		2:58:32
	Pernille Sommer	31	57:12
	Helle Holm Clausen	30	58:04
	Caroline Ryge Carlsen	17	1:03:16
3	12 Allerød OK 1		3:26:18
	Merete Nørgaard	35	57:51
	Charlotte Bergmann	48	1:02:41
	Dorthe Munktvad	48	1:25:46
	11 Farum OK 2		Fejlkl.
	Bodil Pallisgaard	28	1:02:43
	Alice Lund	42	Fejlkl.
	Britt Schoendorff	28	1:03:53

D50

1 - 501	Allerød OK		02:16:21
1	Bayer, Pernille	00:29:24	
2	Enevoldsen, Karen Wibe	00:34:25	
3	Bayer, Pernille	00:36:36	
4	Enevoldsen, Karen Wibe	00:35:56	
2 - 505	Helsingør SOK		02:51:08
1	Hansen, Mette Seir	00:39:11	
2	Krüger, Birgitte	00:40:49	
3	Hansen, Mette Seir	00:46:18	
4	Krüger, Birgitte	00:44:50	
- 504	OK Øst Birkerød 2		----
1	Sommer, Ellis Byrgiel	00:43:54	

	2	Tantholdt, Lisa	00:35:26
	3	Sommer, Ellis Byrgiel	00:45:35
	4	Tantholdt, Lisa	(0:44:05)
-	502	Tisvilde Hegn OK 1	----
	1	Madsen, Bente	00:28:27
	2	Christiansen, Gerda Marie	00:36:14
	3	Madsen, Bente	(1:32:25)
	4	Christiansen, Gerda Marie	00:47:15
-	503	OK Øst Birkerød 1	----
	1	Brunstedt, Kirsten	00:34:38
	2	Andersen, Tove Sonne	00:31:30
	3	Brunstedt, Kirsten	(1:43:23)
	4	Andersen, Tove Sonne	(0:26:39)

H-20

1 -	212	Søllerød OK 1	02:28:06
	1	Skovbæk, Johan Lindbjerg	00:42:10
	2	Kaae-Nielsen, Mikkel	00:39:53
	3	Skovbæk, Johan Lindbjerg	00:33:40
	4	Kaae-Nielsen, Mikkel	00:32:23
2 -	211	FIF Hillerød Orientering 1	03:13:13
	1	Splittorff, Nikoline Holm	00:56:03
	2	Poulsen, Malthe	00:52:31
	3	Splittorff, Nikoline Holm	00:41:05
	4	Poulsen, Malthe	00:43:34

H21 (4)

1	1	FIF Hillerød Orientering 1	2:47:00
		Peter Reibert Hansen	41 54:34
		Claus Brun Stallknecht	42 59:18
		Lasse Brun Pedersen	38 53:08
2	4	Allerød OK	2:51:04
		Andreas Proschowsky	20 1:02:49
		Rasmus Lau Petersen	22 56:45
		Andreas Bergmann	21 51:30
3	2	OK Øst Birkerød 1	3:03:41
		Jan Eg Pedersen	46 56:51
		Morten Bang Nørgaard	40 1:12:26
		Johan Holkmann Jacobsen	32 54:24
4	3	Tisvilde Hegn OK 1	3:14:50
		Jakob David Jensen	35 1:09:46
		Jakob Landsperg	39 1:02:30
		Jesper David Jensen	40 1:02:34

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1 - 404	Allerød OK 1	02:03:48
1	Munktved, Lars	00:33:15
2	Maarup, Jens Knud	00:32:03
3	Munktved, Lars	00:29:23
4	Maarup, Jens Knud	00:29:07
2 - 402	Søllerød OK 1	02:20:50
1	Strandgaard, Christian	00:35:55
2	Illum, Ulrik	00:40:02
3	Strandgaard, Christian	00:31:18
4	Illum, Ulrik	00:33:35
3 - 401	OK Roskilde 1	02:21:04
1	Rasmussen, Claus	00:35:21
2	Sihm, Claus M	00:40:21
3	Rasmussen, Claus	00:31:41
4	Sihm, Claus M	00:33:41
4 - 403	OK Øst Birkerød 1	02:48:19
1	Christensen, Thomas Q.	00:44:58
2	Hausner, Birgit	00:48:58
3	Christensen, Thomas Q	00:30:14
4	Hausner, Birget	00:44:09
- 405	Allerød OK 2	----
1	Larsen, Steen Leisner	00:47:28
2	Præstholt, Arne Clod	00:45:57
3	Larsen, Steen Leisner	00:42:45
4	Præstholt, Arne Clod	(0:29:56)

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1 - 514	OK Øst Birkerød 1	02:06:28
1	Carlsen, Claus	00:35:19
2	Gundorf, Jens Peter	00:32:51
3	Carlsen, Claus	00:28:57
4	Gundorf, Jens Peter	00:29:21
2 - 513	Allerød OK 1	02:07:13
1	Sucksdorff, Bjarke	00:35:11
2	Hansen, Troels Bent	00:34:06
3	Sucksdorff, Bjarke	00:29:16
4	Hansen, Troels Bent	00:28:40
3 - 512	Ballerup OK	02:08:04
1	Rotving, Lemmie	00:35:52
2	Johannsen, Finn	00:33:04
3	Rotving, Lemmie	00:30:29
4	Johannsen, Finn	00:28:39
4 - 519	OK Øst Birkerød 2	02:22:16
1	Lauritsen, Kim	00:39:19
2	Bentsen, Jens	00:38:00
3	Lauritsen, Kim	00:32:15

	4	Bentsen, Jens	00:32:42
5 -	516	FIF Hillerød Orientering	02:29:45
	1	Larsen, Søren Peter	00:35:47
	2	Nielsen, Erling Skov	00:44:11
	3	Larsen, Søren Peter	00:30:55
	4	Nielsen, Erling Skov	00:38:52
6 -	517	OK Sorø	02:30:49
	1	Vejsnæs, Flemming	00:37:46
	2	Hansen, Søs Munch	00:41:06
	3	Vejsnæs, Flemming	00:34:33
	4	Hansen, Søs Munch	00:37:24
7 -	518	Helsingør SOK	02:31:39
	1	Wendelboe, Flemming	00:43:18
	2	Hansen, Laus Seir	00:33:42
	3	Wendelboe, Flemming	00:45:09
	4	Hansen, Laus Seir	00:29:30
8 -	511	OK Øst Birkerød 3	02:31:58
	1	Brown, Peter	00:39:17
	2	Sie, Gunner	00:39:24
	3	Brown, Peter	00:38:05
	4	Sie, Gunner	00:35:12
9 -	515	OK Øst Birkerød 4	03:07:16
	1	Petersen, Torben W.	00:57:05
	2	Malinovsky, Mikael	00:53:24
	3	Petersen, Torben W.	00:42:19
	4	Malinovsky, Mikael	00:34:28
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1 -	608	Tisvilde Hegn OK 1	01:43:49
	1	Olsen, Klaus	00:25:10
	2	Johnsen, Keld	00:25:52
	3	Olsen, Klaus	00:27:23
	4	Johnsen, Keld	00:25:24
2 -	601	OK S.G.	01:47:08
	1	Hausner, Jan	00:27:45
	2	Nielsen, Jørgen	00:25:24
	3	Hausner, Jan	00:28:50
	4	Nielsen, Jørgen	00:25:09
3 -	606	Tisvilde Hegn OK 3	01:59:47
	1	Neregaard, Egon	00:31:25
	2	Larsen, Leif E.	00:27:16
	3	Neregaard, Egon	00:33:23
	4	Larsen, Leif E.	00:27:43
4 -	603	Odense Politis Idrætsforening 1	02:09:22
	1	Petersen, Kurt	00:44:10
	2	Damgaard, Erik	00:29:14

	3	Petersen, Kurt	00:27:19
	4	Damgaard, Erik	00:28:39
5 -	605	Silkeborg OK	02:14:00
	1	Poulsen, Claus	00:31:25
	2	Rasmussen, John	00:30:43
	3	Poulsen, Claus	00:34:00
	4	Rasmussen, John	00:37:52
6 -	607	OK Øst Birkerød 2	03:18:01
	1	Tantholdt, Svend	00:47:09
	2	Bjørnøen, Søren	00:56:23
	3	Tantholdt, Svend	00:46:50
	4	Bjørnøen, Søren	00:47:39
-	609	OK Øst Birkerød 1	----
	1	Andersen, Tage V.	00:40:44
	2	Steen, Jes	00:32:04
	3	Andersen, Tage V.	00:35:30
	4	Steen, Jes	(0:30:07)
-	602	OK FROS	----
	1	Hoffmann, Ole	00:29:31
	2	Pedersen, Per Allan	00:37:41
	3	Hoffmann, Ole	00:29:31
	4	Pedersen, Per Allan	(0:27:56)
-	604	Tisvilde Hegn OK 2	----
	1	Grue-Sørensen, Gunnar	00:26:28
	2	Vexø, Ole	00:32:02
	3	Grue-Sørensen, Gunnar	00:29:22
	4	Vexø, Ole	(0:32:06)

Åbne baner

	Pl	Stnr	Navn	År	Klub
Tid					
Åben 1	(2)		13.2 km	19 K	
	1	1	Jesper Damsgaard		Fredensborg OK
1:12:32		2	Jesper Andersen		FSK-O
1:18:56					
Åben 3	(2)		6.7 km	10 K	
	1	2	Anne-Mette Kirkegaard		SOK
1:01:48					

2
1:19:09

4 Theis Munktved

Allerød OK