

Pl	Stnr	Navn	Tid																
Begynder (1)				2.6 km 0 Hm 17 K															
				1(35)	2(36)	3(37)	4(45)	5(91)	6(34)	7(61)	8(62)	9(63)	10(64)	11(53)	12(107)	13(108)	14(109)		
				15(65)	16(67)	17(100)	M												
1	1	Maarup Tore Emil Allerød OK	19:52	1:05	1:53	3:34	4:32	6:22	7:22	8:19	9:56	10:52	11:34	12:34	14:04	15:00	16:21		
				1:05	0:48	1:41	0:58	1:50	1:00	0:57	1:37	0:56	0:42	1:00	1:30	0:56	1:21		
				17:34	18:40	19:37	19:52												
				1:13	1:06	0:57	0:15												
D-10 (6)				2.6 km 0 Hm 17 K															
				1(35)	2(36)	3(37)	4(45)	5(91)	6(34)	7(61)	8(62)	9(63)	10(64)	11(53)	12(107)	13(108)	14(109)		
				15(65)	16(67)	17(100)	M												
1	7	Andersen Kamma A OK ØST Birkerød	18:29	0:56	1:39	3:03	4:06	5:49	6:31	7:29	9:15	10:11	10:46	11:32	12:43	13:45	15:10		
				0:56	0:43	1:24	1:03	1:43	0:42	0:58	1:46	0:56	0:35	0:46	1:11	1:02	1:25		
				16:23	17:23	18:13	18:29	18:15											
				1:13	1:00	0:50	0:16	*100											
2	5	Nørgaard Miri Brun OK ØST Birkerød	18:43	0:58	2:09	3:32	4:33	6:14	7:00	7:57	9:38	10:26	11:03	11:55	13:25	14:28	15:33		
				0:58	1:11	1:23	1:01	1:41	0:46	0:57	1:41	0:48	0:37	0:52	1:30	1:03	1:05		
				16:38	17:30	18:30	18:43												
				1:05	0:52	1:00	0:13												
3	6	Pohl Teresa Sønder OK Roskilde	19:15	0:54	1:34	3:05	4:10	6:24	7:07	8:12	9:44	10:45	11:24	11:59	13:27	14:21	16:00		
				0:54	0:40	1:31	1:05	2:14	0:43	1:05	1:32	1:01	0:39	0:35	1:28	0:54	1:39		
				17:17	18:07	19:04	19:15												
				1:17	0:50	0:57	0:11												
4	4	Broman Cecilie Allerød OK	20:07	0:57	1:44	3:08	4:09	5:46	6:44	7:49	9:49	10:34	11:23	12:12	13:36	14:59	16:50		
				0:57	0:47	1:24	1:01	1:37	0:58	1:05	2:00	0:45	0:49	0:49	1:24	1:23	1:51		
				17:57	18:58	19:52	20:07												
				1:07	1:01	0:54	0:15												
5	2	Hollingbery Ellen H Farum OK	24:32	1:02	1:42	3:51	5:09	7:03	8:07	9:24	12:08	13:43	14:47	15:50	17:07	18:30	20:24		
				1:02	0:40	2:09	1:18	1:54	1:04	1:17	2:44	1:35	1:04	1:03	1:17	1:23	1:54		
				21:49	22:59	24:17	24:32												
				1:25	1:10	1:18	0:15												
6	3	Skovlyst Kaya Fund FIF Hillerød Oriente	34:34	1:10	2:08	4:01	5:33	8:31	10:00	11:32	13:59	15:45	17:13	18:36	21:26	24:12	27:20		
				1:10	0:58	1:53	1:32	2:58	1:29	1:32	2:27	1:46	1:28	1:23	2:50	2:46	3:08		
				29:30	31:39	34:14	34:34												
				2:10	2:09	2:35	0:20												
D-12 (5)				3.5 km 0 Hm 22 K															
				1(35)	2(36)	3(37)	4(45)	5(79)	6(80)	7(82)	8(47)	9(48)	10(59)	11(75)	12(49)	13(61)	14(62)		
				15(63)	16(64)	17(53)	18(54)	19(55)	20(65)	21(67)	22(100)	M							
1	9	Madsen Katrine Krc OK Roskilde	23:47	0:48	1:17	2:26	3:09	3:48	6:24	9:09	10:26	11:51	12:51	13:38	14:23	15:21	16:39		
				0:48	0:29	1:09	0:43	0:39	2:36	2:45	1:17	1:25	1:00	0:47	0:45	0:58	1:18		
				17:10	17:42	18:16	19:51	20:46	21:54	22:36	23:31	23:47							
				0:31	0:32	0:34	1:35	0:55	1:08	0:42	0:55	0:16							
2	10	Petersen Silje Halbr FIF Hillerød Oriente	24:34	1:01	1:39	2:56	3:47	4:22	5:55	7:58	9:28	11:01	12:18	13:25	14:24	15:31	16:55		
				1:01	0:38	1:17	0:51	0:35	1:33	2:03	1:30	1:33	1:17	1:07	0:59	1:07	1:24		
				17:31	18:01	18:40	20:24	21:25	22:37	23:25	24:19	24:34							
				0:36	0:30	0:39	1:44	1:01	1:12	0:48	0:54	0:15							
3	11	Hollingbery Rebekk Farum OK	28:39	1:01	1:35	2:49	3:41	4:15	6:03	8:28	10:04	11:46	13:17	16:07	17:35	18:52	20:18		
				1:01	0:34	1:14	0:52	0:34	1:48	2:25	1:36	1:42	1:31	2:50	1:28	1:17	1:26		
				21:09	21:42	22:34	24:12	25:21	26:27	27:17	28:26	28:39							
				0:51	0:33	0:52	1:38	1:09	1:06	0:50	1:09	0:13							

Pl	Stnr	Navn	Tid																
D-12 (5)				3.5 km 0 Hm 22 K										<i>(skrifttyper)</i>					
				1(35)	2(36)	3(37)	4(45)	5(79)	6(80)	7(82)	8(47)	9(48)	10(59)	11(75)	12(49)	13(61)	14(62)		
				15(63)	16(64)	17(53)	18(54)	19(55)	20(65)	21(67)	22(100)	M							
4	12	Skovlyst Alde Fund FIF Hillerød Oriente	35:08	1:01	1:46	3:18	4:28	5:46	8:13	11:21	13:49	15:50	17:31	19:50	21:46	23:13	24:58		
				1:01	0:45	1:32	1:10	1:18	2:27	3:08	2:28	2:01	1:41	2:19	1:56	1:27	1:45		
				25:52	26:41	27:36	29:49	31:19	32:44	33:50	34:53	35:08							
				0:54	0:49	0:55	2:13	1:30	1:25	1:06	1:03	0:15							
	8	Staugaard Sigrid H FIF Hillerød Oriente	Fejlkl.	0:41	1:09	2:08	2:48	3:39	4:41	6:19	7:23	8:33	9:31	----	----	----	----		
				0:41	0:28	0:59	0:40	0:51	1:02	1:38	1:04	1:10	0:58						
				----	----	----	----	----	----	----	----	----	29:02						
																		19:31	
D-14 (2)				3.9 km 0 Hm 15 K															
				1(33)	2(32)	3(93)	4(77)	5(73)	6(70)	7(76)	8(103)	9(52)	10(95)	11(58)	12(57)	13(51)	14(43)		
				15(100)	M														
1	13	Petersen Freya Halk FIF Hillerød Oriente	31:22	1:09	2:50	4:00	6:28	8:00	10:09	13:58	16:31	19:26	22:30	23:43	25:52	28:35	29:44		
				1:09	1:41	1:10	2:28	1:32	2:09	3:49	2:33	2:55	3:04	1:13	2:09	2:43	1:09		
				31:11	31:22														
				1:27	0:11														
2	14	Poulsen Mathilde FIF Hillerød Oriente	39:51	1:29	3:16	4:41	8:04	10:31	13:40	18:41	22:33	25:58	29:53	31:48	33:21	36:41	38:00		
				1:29	1:47	1:25	3:23	2:27	3:09	5:01	3:52	3:25	3:55	1:55	1:33	3:20	1:19		
				39:36	39:51														
				1:36	0:15														
D-16 (2)				4.8 km 0 Hm 19 K															
				1(101)	2(93)	3(81)	4(77)	5(70)	6(78)	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)		
				15(57)	16(51)	17(97)	18(50)	19(100)	M										
1	16	Kreutzmann Cecilie FIF Hillerød Oriente	56:44	2:38	5:01	7:49	11:44	16:41	18:54	23:38	26:14	29:42	32:46	37:25	39:49	41:27	44:32		
				2:38	2:23	2:48	3:55	4:57	2:13	4:44	2:36	3:28	3:04	4:39	2:24	1:38	3:05		
				48:12	51:48	53:58	55:49	56:28	56:44										
				3:40	3:36	2:10	1:51	0:39	0:16										
2	15	Frandsen Emma Blk OK Sorø	59:36	3:03	4:53	7:00	9:14	17:48	22:52	26:34	29:33	33:08	36:07	39:30	41:41	43:11	49:50		
				3:03	1:50	2:07	2:14	8:34	5:04	3:42	2:59	3:35	2:59	3:23	2:11	1:30	6:39		
				51:57	54:58	57:06	58:46	59:22	59:36										
				2:07	3:01	2:08	1:40	0:36	0:14										
D21- (2)				6.6 km 0 Hm 18 K															
				1(32)	2(84)	3(69)	4(58)	5(88)	6(44)	7(73)	8(70)	9(71)	10(72)	11(76)	12(102)	13(94)	14(57)		
				15(51)	16(97)	17(50)	18(100)	M											
1	17	Stub Mette PI-København	53:44	4:45	8:04	9:11	12:04	17:10	18:55	28:51	30:46	33:00	34:55	37:41	43:31	45:01	47:41		
				4:45	3:19	1:07	2:53	5:06	1:45	9:56	1:55	2:14	1:55	2:46	5:50	1:30	2:40		
				50:09	51:42	52:54	53:30	53:44											
				2:28	1:33	1:12	0:36	0:14											
2	18	Fogh Hanne OK Sorø	55:53	2:12	7:02	8:13	10:05	15:23	17:11	27:45	29:53	32:21	34:22	37:15	44:42	46:04	48:41		
				2:12	4:50	1:11	1:52	5:18	1:48	10:34	2:08	2:28	2:01	2:53	7:27	1:22	2:37		
				51:34	53:14	55:00	55:36	55:53											
				2:53	1:40	1:46	0:36	0:17											

Pl	Stnr	Navn	Tid																
D45- (5)				5.6 km 0 Hm 21 K															
				1(60)	2(102)	3(94)	4(104)	5(31)	6(93)	7(81)	8(85)	9(78)	10(71)	11(72)	12(103)	13(46)	14(84)		
				15(69)	16(56)	17(57)	18(51)	19(97)	20(50)	21(100)	M								
1	30	Kracht Elin Nørgård PI-København	47:07	3:16	5:51	7:50	10:21	11:38	13:49	15:51	18:57	21:11	24:00	25:56	29:59	33:52	35:57		
				3:16	2:35	1:59	2:31	1:17	2:11	2:02	3:06	2:14	2:49	1:56	4:03	3:53	2:05		
				37:09	38:29	40:27	43:10	44:49	46:13	46:52	47:07								
				1:12	1:20	1:58	2:43	1:39	1:24	0:39	0:15								
2	31	Lund Alice Farum OK	57:34	4:12	7:39	9:39	12:41	14:04	17:03	19:37	24:13	26:24	29:38	31:55	36:39	41:09	43:44		
				4:12	3:27	2:00	3:02	1:23	2:59	2:34	4:36	2:11	3:14	2:17	4:44	4:30	2:35		
				45:25	46:47	49:55	53:07	55:10	56:37	57:17	57:34								
				1:41	1:22	3:08	3:12	2:03	1:27	0:40	0:17								
3	29	Frandsen Anne Blom OK Sorø	1:00:34	3:03	6:41	8:32	12:12	13:37	16:11	18:25	22:59	25:34	29:23	31:46	36:42	43:09	45:35		
				3:03	3:38	1:51	3:40	1:25	2:34	2:14	4:34	2:35	3:49	2:23	4:56	6:27	2:26		
				47:15	48:31	51:40	55:54	57:54	59:28	1:00:15	1:00:34								
				1:40	1:16	3:09	4:14	2:00	1:34	0:47	0:19								
4	32	Kristensen Heidi Søllerød OK	1:02:37	3:38	7:20	9:36	13:45	15:34	18:44	21:18	25:44	28:42	32:34	35:28	40:56	46:24	49:04		
				3:38	3:42	2:16	4:09	1:49	3:10	2:34	4:26	2:58	3:52	2:54	5:28	5:28	2:40		
				50:27	51:57	54:31	58:08	1:00:02	1:01:33	1:02:18	1:02:37								
				1:23	1:30	2:34	3:37	1:54	1:31	0:45	0:19								
5	33	Holmberg Heidi L. FIF Hillerød Oriente	1:07:20	3:13	6:37	8:18	12:01	14:00	16:46	18:39	22:19	24:41	27:41	29:50	35:32	41:43	44:07		
				3:13	3:24	1:41	3:43	1:59	2:46	1:53	3:40	2:22	3:00	2:09	5:42	6:11	2:24		
				45:35	46:42	49:25	1:01:41	1:03:32	1:06:25	1:07:04	1:07:20								
				1:28	1:07	2:43	12:16	1:51	2:53	0:39	0:16								
D50- (4)				4.8 km 0 Hm 19 K															
				1(101)	2(93)	3(81)	4(77)	5(70)	6(78)	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)		
				15(57)	16(51)	17(97)	18(50)	19(100)	M										
1	35	Bonde Annette Ballerup OK	52:51	2:38	4:27	6:21	8:59	12:44	14:36	17:54	19:56	23:55	27:19	31:10	34:05	35:37	41:08		
				2:38	1:49	1:54	2:38	3:45	1:52	3:18	2:02	3:59	3:24	3:51	2:55	1:32	5:31		
				43:51	47:48	50:11	51:44	52:32	52:51										
				2:43	3:57	2:23	1:33	0:48	0:19										
2	36	Bøgevig Vibeke Søllerød OK	53:09	2:39	5:27	7:40	10:42	14:52	16:48	20:06	22:46	26:24	29:39	34:01	36:50	38:26	41:38		
				2:39	2:48	2:13	3:02	4:10	1:56	3:18	2:40	3:38	3:15	4:22	2:49	1:36	3:12		
				44:53	48:45	50:33	52:05	52:53	53:09										
				3:15	3:52	1:48	1:32	0:48	0:16										
3	37	Grauert Gitte Ballerup OK	1:08:37	4:21	7:16	10:02	14:01	18:36	21:19	26:27	29:59	34:00	38:07	44:08	47:46	49:34	52:53		
				4:21	2:55	2:46	3:59	4:35	2:43	5:08	3:32	4:01	4:07	6:01	3:38	1:48	3:19		
				58:32	1:02:53	1:05:19	1:07:22	1:08:13	1:08:37										
				5:39	4:21	2:26	2:03	0:51	0:24										
4	34	Madsen Gitte Krogh OK Roskilde	1:12:44	3:43	6:20	9:25	14:22	22:27	25:00	32:33	35:29	39:27	44:16	49:35	53:02	54:41	58:40		
				3:43	2:37	3:05	4:57	8:05	2:33	7:33	2:56	3:58	4:49	5:19	3:27	1:39	3:59		
				1:02:13	1:06:34	1:09:56	1:11:41	1:12:27	1:12:44	1:08:06									
				3:33	4:21	3:22	1:45	0:46	0:17	*43									
D55- (3)				4.8 km 0 Hm 19 K															
				1(101)	2(93)	3(81)	4(77)	5(70)	6(78)	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)		
				15(57)	16(51)	17(97)	18(50)	19(100)	M										
1	39	Halland Birgitte Ers OK ØST Birkerød	48:32	2:48	4:47	7:57	10:35	14:49	18:31	21:24	23:18	26:07	28:50	32:44	35:02	36:18	38:57		
				2:48	1:59	3:10	2:38	4:14	3:42	2:53	1:54	2:49	2:43	3:54	2:18	1:16	2:39		
				41:36	44:39	46:23	47:39	48:17	48:32										
				2:39	3:03	1:44	1:16	0:38	0:15										

Pl	Stnr	Navn	Tid															
H-10 (8)				2.6 km 0 Hm 17 K				<i>(skrifttyper)</i>										
				1(35) 15(65)	2(36) 16(67)	3(37) 17(100)	4(45) M	5(91)	6(34)	7(61)	8(62)	9(63)	10(64)	11(53)	12(107)	13(108)	14(109)	
4	56	Maarup Mads Chris Allerød OK	18:55	1:00 1:00 16:45 1:19	1:40 0:40 17:40 0:55	2:54 1:14 18:42 1:02	3:50 0:56 18:55 0:13	5:20 1:30	6:09 0:49	7:09 1:00	9:00 1:51	9:54 0:54	10:36 0:42	11:32 0:56	12:55 1:23	13:56 1:01	15:26 1:30	
5	59	Stallknecht Odin Br FIF Hillerød Oriente	21:08	1:01 1:01 18:25 1:28	1:43 0:42 19:41 1:16	3:23 1:40 20:52 1:11	4:44 1:21 21:08 0:16	7:00 2:16	8:16 1:16	9:20 1:04	11:43 2:23	12:29 0:46	13:05 0:36	13:48 0:43	15:04 1:16	15:56 0:52	16:57 1:01	
6	55	Simonsen Niclas Cr FIF Hillerød Oriente	29:45	1:18 1:18 26:32 1:21	2:19 1:01 27:48 1:16	5:04 2:45 29:26 1:38	6:53 1:49 29:45 0:19	9:25 2:32	11:17 1:52	13:06 1:49	15:56 2:50	18:28 2:32	19:28 1:00	20:40 1:12	22:01 1:21	23:10 1:09	25:11 2:01	
7	57	Skovlyst Magne Fur FIF Hillerød Oriente	30:28	1:23 1:23 26:46 2:12	2:24 1:01 28:08 1:22	4:20 1:56 30:07 1:59	5:49 1:29 30:28 0:21	8:07 2:18	9:10 1:03	10:20 1:10	11:48 1:28	16:25 4:37	17:03 0:38	17:44 0:41	20:41 2:57	22:18 1:37	24:34 2:16	
8	58	Holmberg Frederik FIF Hillerød Oriente	39:20	7:03 7:03 36:49 1:20	7:43 0:40 37:50 1:01	9:06 1:23 39:03 1:13	10:07 1:01 39:20 0:17	11:33 1:26	12:18 0:45	13:11 0:53	14:46 1:35	15:42 0:56	16:28 0:46	17:19 0:51	33:08 15:49	34:11 1:03	35:29 1:18	
H-12 (3)				3.5 km 0 Hm 22 K														
				1(35) 15(63)	2(36) 16(64)	3(37) 17(53)	4(45) 18(54)	5(79) 19(55)	6(80) 20(65)	7(82) 21(67)	8(47) 22(100)	9(48) M	10(59)	11(75)	12(49)	13(61)	14(62)	
1	65	Holmberg Gustav L. FIF Hillerød Oriente	19:10	0:45 0:45 13:09 0:29	1:12 0:27 13:33 0:24	2:10 0:58 14:08 0:35	2:49 0:39 15:34 1:26	3:18 0:29 16:37 1:03	4:37 1:19 17:32 0:55	6:11 1:34 18:08 0:36	7:13 1:02 18:55 0:47	8:28 1:15 19:10 0:15	9:14 0:46	10:00 0:46	10:35 0:35	11:29 0:54	12:40 1:11	
2	64	Olloz Tobias Tisvilde Hegn OK	20:19	0:47 0:47 14:16 0:32	1:18 0:31 14:47 0:31	2:21 1:03 15:20 0:33	3:06 0:45 16:49 1:29	3:35 0:29	4:43 1:08	6:26 1:43	7:39 1:13	9:00 1:21	10:08 1:08	11:00 0:52	11:38 0:38	12:33 0:55	13:44 1:11	
3	63	Kreutzmann Magnu FIF Hillerød Oriente	42:24	1:07 1:07 30:41 1:08	1:50 0:43 31:33 0:52	6:30 4:40 32:56 1:23	7:47 1:17 36:36 3:40	8:36 0:49	11:11 2:35	14:10 2:59	15:43 1:33	18:49 3:06	21:25 2:36	23:17 1:52	25:14 1:57	27:12 1:58	29:33 2:21	
H-14 (2)				5.2 km 0 Hm 18 K														
				1(92) 15(57)	2(93) 16(51)	3(77) 17(43)	4(70) 18(100)	5(71) M	6(72)	7(76)	8(49)	9(81)	10(73)	11(59)	12(52)	13(95)	14(58)	
1	66	Holmberg Asger L. FIF Hillerød Oriente	42:34	1:34 1:34 37:37 1:45	3:23 1:49 39:59 2:22	6:28 3:05 40:57 0:58	9:07 2:39 42:22 1:25	11:40 2:33 42:34 0:12	13:06 1:26	15:32 2:26	18:23 2:51	23:33 5:10	24:48 1:15	28:40 3:52	31:30 2:50	34:34 3:04	35:52 1:18	

Pl	Stnr	Navn	Tid																
H21- (8)				11.4 km 0 Hm 32 K															
				<i>(skrifttyper)</i>															
				1(60)	2(102)	3(94)	4(104)	5(31)	6(93)	7(84)	8(69)	9(57)	10(41)	11(110)	12(38)	13(39)	14(96)		
				15(87)	16(88)	17(44)	18(85)	19(71)	20(72)	21(76)	22(46)	23(81)	24(77)	25(70)	26(103)	27(74)	28(58)		
				29(51)	30(43)	31(50)	32(100)	M											
4	75	Lyngsø Lars Lyngby OK	1:40:21	2:52	5:15	6:31	9:10	10:22	12:35	15:44	16:53	19:52	25:43	28:57	31:34	32:33	33:54		
				2:52	2:23	1:16	2:39	1:12	2:13	3:09	1:09	2:59	5:51	3:14	2:37	0:59	1:21		
				40:20	42:14	45:04	56:56	1:00:34	1:02:51	1:05:45	1:09:46	1:11:33	1:14:20	1:17:42	1:22:31	1:26:08	1:32:05		
				6:26	1:54	2:50	11:52	3:38	2:17	2:54	4:01	1:47	2:47	3:22	4:49	3:37	5:57		
				1:36:15	1:37:25	1:39:15	1:40:01	1:40:21											
				4:10	1:10	1:50	0:46	0:20											
5	73	Mortensen Jacob Sj PI-København	1:45:43	2:52	5:35	7:39	10:15	11:39	14:05	17:19	18:41	22:01	28:09	31:00	33:42	38:09	39:33		
				2:52	2:43	2:04	2:36	1:24	2:26	3:14	1:22	3:20	6:08	2:51	2:42	4:27	1:24		
				45:40	47:57	50:00	1:02:22	1:06:09	1:08:53	1:11:40	1:15:45	1:17:41	1:20:51	1:24:29	1:29:56	1:33:44	1:39:16		
				6:07	2:17	2:03	12:22	3:47	2:44	2:47	4:05	1:56	3:10	3:38	5:27	3:48	5:32		
				1:42:23	1:43:31	1:44:53	1:45:28	1:45:43											
				3:07	1:08	1:22	0:35	0:15											
6	76	Tolborg Jakob Lind OK73	1:55:59	2:37	4:52	6:35	10:29	14:12	16:36	20:20	21:53	25:18	30:39	32:48	35:26	36:39	37:58		
				2:37	2:15	1:43	3:54	3:43	2:24	3:44	1:33	3:25	5:21	2:09	2:38	1:13	1:19		
				43:46	45:17	55:01	1:08:11	1:11:39	1:15:04	1:17:52	1:21:30	1:23:11	1:25:49	1:31:33	1:37:52	1:42:00	1:49:28		
				5:48	1:31	9:44	13:10	3:28	3:25	2:48	3:38	1:41	2:38	5:44	6:19	4:08	7:28		
				1:52:33	1:53:37	1:55:15	1:55:48	1:55:59											
				3:05	1:04	1:38	0:33	0:11											
	71	Kristiansen Jesper OK Melfar	Fejlkl.	3:15	5:45	7:02	9:50	12:42	15:54	20:41	22:25	26:18	35:14	38:15	41:30	42:29	44:10		
				3:15	2:30	1:17	2:48	2:52	3:12	4:47	1:44	3:53	8:56	3:01	3:15	0:59	1:41		
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----		
				-----	-----	54:14	54:55	55:13	52:41										
						10:04	0:41	0:18	*97										
UFK	299	Sørensen Kåre OK Sorø	1:23:49	2:15	4:12	5:14	7:30	8:48	10:42	13:32	14:34	17:10	21:40	23:56	26:05	26:49	28:08		
				2:15	1:57	1:02	2:16	1:18	1:54	2:50	1:02	2:36	4:30	2:16	2:09	0:44	1:19		
				32:58	34:14	35:57	45:36	48:15	49:57	52:20	55:17	56:44	58:40	1:01:58	1:09:01	1:11:41	1:16:29		
				4:50	1:16	1:43	9:39	2:39	1:42	2:23	2:57	1:27	1:56	3:18	7:03	2:40	4:48		
				1:20:44	1:21:41	1:22:55	1:23:32	1:23:49											
				4:15	0:57	1:14	0:37	0:17											
H35- (5)				8.3 km 0 Hm 24 K															
				1(101)	2(69)	3(57)	4(41)	5(42)	6(38)	7(39)	8(96)	9(87)	10(88)	11(44)	12(73)	13(85)	14(78)		
				15(71)	16(72)	17(103)	18(74)	19(84)	20(94)	21(111)	22(43)	23(50)	24(100)	M					
1	80	Simonsen Lars FIF Hillerød Oriente	55:08	1:54	5:29	8:04	12:37	14:11	15:16	16:11	17:19	22:12	23:40	25:11	33:45	35:03	36:31		
				1:54	3:35	2:35	4:33	1:34	1:05	0:55	1:08	4:53	1:28	1:31	8:34	1:18	1:28		
				38:41	40:09	43:22	45:45	47:09	48:51	52:15	52:57	54:23	54:54	55:08					
				2:10	1:28	3:13	2:23	1:24	1:42	3:24	0:42	1:26	0:31	0:14					
2	79	Nilsson Thomas Eslövs FK	58:12	1:33	5:13	8:06	12:49	14:38	15:55	16:56	18:14	22:51	24:07	25:46	34:59	36:35	38:30		
				1:33	3:40	2:53	4:43	1:49	1:17	1:01	1:18	4:37	1:16	1:39	9:13	1:36	1:55		
				40:55	42:29	46:28	48:54	50:16	52:05	55:22	56:06	57:26	57:58	58:12					
				2:25	1:34	3:59	2:26	1:22	1:49	3:17	0:44	1:20	0:32	0:14					
3	78	Thune Henrik Visbo Kildeholm OK	1:18:02	2:35	7:09	10:12	15:26	17:26	19:37	20:45	23:45	29:55	31:26	33:20	45:24	49:43	52:19		
				2:35	4:34	3:03	5:14	2:00	2:11	1:08	3:00	6:10	1:31	1:54	12:04	4:19	2:36		
				55:09	57:08	1:01:10	1:06:23	1:08:29	1:10:52	1:15:10	1:16:06	1:17:15	1:17:49	1:18:02					

Pl	Stnr	Navn	Tid																
H45- (6)				6.6 km 0 Hm 18 K					<i>(skrifttyper)</i>										
				1(32) 15(51)	2(84) 16(97)	3(69) 17(50)	4(58) 18(100)	5(88) M	6(44)	7(73)	8(70)	9(71)	10(72)	11(76)	12(102)	13(94)	14(57)		
3	87	Sørensen Erik Allerød OK	1:09:28	2:27 2:27 1:05:15	6:36 4:09 1:07:09	7:50 1:14 1:08:38	9:59 2:09 1:09:13	18:39 8:40 1:09:28	20:31 1:52	31:43 11:12	35:12 3:29	38:07 2:55	46:22 8:15	50:10 3:48	57:26 7:16	59:08 1:42	1:01:54 2:46		
4	90	Jensen Jesper Allar OK Roskilde	1:09:39	3:21 3:49 1:04:52	1:54 8:10 1:06:43	1:29 9:28 1:08:39	0:35 13:44 1:09:22	0:15 20:56 1:09:39			22:54 1:58	36:51 13:57	40:18 3:27	43:38 3:20	46:00 2:22	49:41 3:41	56:40 6:59	58:45 2:05	1:01:48 3:03
5	86	Holmberg Frank FIF Hillerød Oriente	1:12:13	3:04 2:10 2:10 1:08:38	1:51 11:24 9:14 1:10:18	1:56 12:32 1:08 1:11:28	0:43 15:10 2:38 1:12:02	0:17 21:51 6:41 1:12:13			23:40 1:49	36:27 12:47	39:33 3:06	43:37 4:04	45:43 2:06	50:23 4:40	1:00:13 9:50	1:02:08 1:55	1:05:14 3:06
6	88	Frandsen Jens OK Sorø	1:17:21	3:24 2:51 2:51 1:12:29	1:40 7:32 4:41 1:14:29	1:10 9:10 1:38 1:16:11	0:34 13:11 4:01 1:17:04	0:11 21:08 7:57 1:17:21			25:59 4:51	39:44 13:45	44:07 4:23	47:47 3:40	50:20 2:33	53:55 3:35	1:02:01 8:06	1:03:56 1:55	1:08:47 4:51
				3:42	2:00	1:42	0:53	0:17											
H50- (7)				5.6 km 0 Hm 21 K															
				1(60) 15(69)	2(102) 16(56)	3(94) 17(57)	4(104) 18(51)	5(31) 19(97)	6(93) 20(50)	7(81) 21(100)	8(85) M	9(78)	10(71)	11(72)	12(103)	13(46)	14(84)		
1	92	Rasmussen Frank Ballerup OK	43:48	2:45 2:45 34:26	5:05 2:20 35:39	6:31 1:26 37:58	9:16 2:45 40:28	10:45 1:29 41:52	12:50 2:05 42:58	14:27 1:37 43:34	17:46 3:19 43:48	19:33 1:47	22:02 2:29	23:45 1:43	27:40 3:55	31:10 3:30	33:12 2:02		
2	94	Adolfsson Stefan Eslövs FK	48:33	1:14 2:46 2:46 36:56	1:13 5:31 2:45 38:07	2:19 6:51 1:20 40:30	2:30 9:54 3:03 43:38	1:24 11:04 1:10 46:23	1:06 13:22 2:18 47:36	0:36 15:11 1:49 48:16	0:17 18:17 3:06 48:33		20:08 1:51	23:15 3:07	25:08 1:53	29:44 4:36	33:10 3:26	35:42 2:32	
3	97	Theil Arne Eslövs FK	49:13	1:14 3:09 3:09 38:00	1:11 5:56 2:47 39:55	2:23 7:45 1:49 42:14	3:08 10:14 2:29 45:07	2:45 11:28 1:14 47:06	1:13 13:50 2:22 48:23	0:40 15:32 1:42 48:58	0:17 19:13 3:41 49:13		21:42 2:29	24:33 2:51	26:22 1:49	31:04 4:42	34:26 3:22	36:41 2:15	
4	95	Lillelund Frede Søllerød OK	49:23	1:19 2:49 2:49 38:43	1:55 5:14 2:25 40:04	2:19 6:28 1:14 42:11	2:53 9:16 2:48 45:25	1:59 10:38 1:22 47:15	1:17 12:53 2:15 48:28	0:35 14:29 1:36 49:06	0:15 17:53 3:24 49:23		19:49 1:56	22:24 2:35	24:54 2:30	29:08 4:14	34:34 5:26	37:31 2:57	
5	93	Dyrsting Peter FIF Hillerød Oriente	54:01	1:12 3:21 3:21 43:34	1:21 6:16 2:55 44:47	2:07 7:40 1:24 47:02	3:14 10:58 3:18 50:12	1:50 13:35 2:37 51:50	1:13 16:06 2:31 53:07	0:38 18:16 2:10 53:45	0:17 19:13 4:41 54:01		25:19 2:22	28:16 2:57	30:40 2:24	35:34 4:54	39:33 3:59	42:00 2:27	
6	99	Krogh Jørgen OK Roskilde	56:45	1:34 3:22 3:22 45:15	1:13 6:43 3:21 46:27	2:15 11:13 4:30 50:31	3:10 15:00 3:47 53:19	1:38 16:15 1:15 54:56	1:17 18:38 2:23 55:59	0:38 20:31 1:53 56:30	0:16 26:08 5:37 56:45		28:31 2:23	31:03 2:32	33:07 2:04	37:21 4:14	41:40 4:19	43:46 2:06	
				1:29	1:12	4:04	2:48	1:37	1:03	0:31	0:15								

Pl	Stnr	Navn	Tid														
H50- (7)				5.6 km 0 Hm 21 K				<i>(skrifttyper)</i>									
				1(60)	2(102)	3(94)	4(104)	5(31)	6(93)	7(81)	8(85)	9(78)	10(71)	11(72)	12(103)	13(46)	14(84)
				15(69)	16(56)	17(57)	18(51)	19(97)	20(50)	21(100)	M						
7	96	Granholm Hans OK ØST Birkerød	1:17:50	4:12	7:46	9:59	14:44	17:01	20:14	23:20	29:02	32:32	36:55	40:02	47:37	53:07	57:04
				4:12	3:34	2:13	4:45	2:17	3:13	3:06	5:42	3:30	4:23	3:07	7:35	5:30	3:57
				59:33	1:01:31	1:07:18	1:11:46	1:14:42	1:16:32	1:17:26	1:17:50						
				2:29	1:58	5:47	4:28	2:56	1:50	0:54	0:24						
H55- (14)				5.6 km 0 Hm 21 K													
				1(60)	2(102)	3(94)	4(104)	5(31)	6(93)	7(81)	8(85)	9(78)	10(71)	11(72)	12(103)	13(46)	14(84)
				15(69)	16(56)	17(57)	18(51)	19(97)	20(50)	21(100)	M						
1	107	Stub Bruno PI-København	42:08	4:19	6:38	7:50	10:15	11:35	13:42	15:11	17:43	19:32	21:48	23:19	27:11	30:04	32:11
				4:19	2:19	1:12	2:25	1:20	2:07	1:29	2:32	1:49	2:16	1:31	3:52	2:53	2:07
				33:18	34:10	36:07	38:36	40:01	41:13	41:41	42:08						
				1:07	0:52	1:57	2:29	1:25	1:12	0:28	0:27						
2	112	Sloth Søren FIF Hillerød Oriente	43:16	2:20	4:36	6:13	8:46	10:05	12:40	14:02	16:33	18:17	20:32	22:13	26:01	29:11	31:28
				2:20	2:16	1:37	2:33	1:19	2:35	1:22	2:31	1:44	2:15	1:41	3:48	3:10	2:17
				32:38	33:47	36:00	38:59	40:42	42:09	42:54	43:16						
				1:10	1:09	2:13	2:59	1:43	1:27	0:45	0:22						
3	108	Stenberg Carsten FIF Hillerød Oriente	43:51	2:25	4:49	5:56	8:29	9:38	11:40	13:15	16:10	18:01	20:19	22:05	25:48	28:46	31:08
				2:25	2:24	1:07	2:33	1:09	2:02	1:35	2:55	1:51	2:18	1:46	3:43	2:58	2:22
				32:25	33:34	35:40	39:59	41:49	42:59	43:35	43:51						
				1:17	1:09	2:06	4:19	1:50	1:10	0:36	0:16						
4	113	Jørgensen Gregers Ballerup OK	44:37	3:25	5:44	7:04	9:37	10:57	13:07	14:42	17:33	19:31	22:04	23:42	28:30	31:55	34:01
				3:25	2:19	1:20	2:33	1:20	2:10	1:35	2:51	1:58	2:33	1:38	4:48	3:25	2:06
				35:15	36:19	38:16	40:40	42:38	43:46	44:21	44:37						
				1:14	1:04	1:57	2:24	1:58	1:08	0:35	0:16						
5	110	Bentzon Niels la Co Søllerød OK	48:41	2:56	5:58	7:08	9:52	11:05	13:22	15:16	19:21	21:29	23:58	25:52	29:56	33:34	37:02
				2:56	3:02	1:10	2:44	1:13	2:17	1:54	4:05	2:08	2:29	1:54	4:04	3:38	3:28
				38:24	39:50	42:02	44:52	46:44	47:54	48:28	48:41						
				1:22	1:26	2:12	2:50	1:52	1:10	0:34	0:13						
6	109	Jensen Bjarne B. Helsingør SOK	48:43	2:51	6:00	7:17	10:13	11:40	14:05	16:10	19:23	21:26	24:40	27:23	31:45	35:20	37:36
				2:51	3:09	1:17	2:56	1:27	2:25	2:05	3:13	2:03	3:14	2:43	4:22	3:35	2:16
				38:50	39:53	41:47	44:45	46:36	47:45	48:26	48:43						
				1:14	1:03	1:54	2:58	1:51	1:09	0:41	0:17						
7	102	Petersen Lars Hang Ballerup OK	48:55	2:39	4:52	6:09	8:42	9:48	12:13	17:50	20:58	23:10	26:25	28:09	32:34	36:25	38:31
				2:39	2:13	1:17	2:33	1:06	2:25	5:37	3:08	2:12	3:15	1:44	4:25	3:51	2:06
				39:42	40:46	42:24	44:52	46:53	48:01	48:38	48:55		46:17				
				1:11	1:04	1:38	2:28	2:01	1:08	0:37	0:17		*43				
8	105	Agger Carsten Thye Helsingør SOK	51:59	2:39	5:30	6:41	10:00	12:30	14:52	16:39	19:59	22:21	25:55	27:53	32:45	37:15	39:40
				2:39	2:51	1:11	3:19	2:30	2:22	1:47	3:20	2:22	3:34	1:58	4:52	4:30	2:25
				41:01	42:15	44:27	47:37	49:34	51:04	51:42	51:59						
				1:21	1:14	2:12	3:10	1:57	1:30	0:38	0:17						
9	104	Thuesen Kurt FSK Orientering	52:18	2:51	5:54	7:39	10:59	12:14	14:22	16:09	19:13	20:55	23:25	25:09	30:39	34:22	40:22
				2:51	3:03	1:45	3:20	1:15	2:08	1:47	3:04	1:42	2:30	1:44	5:30	3:43	6:00
				41:51	42:56	45:13	48:11	50:10	51:21	52:01	52:18		49:32				
				1:29	1:05	2:17	2:58	1:59	1:11	0:40	0:17		*43				

Pl	Stnr	Navn	Tid														
H55- (14)				5.6 km 0 Hm 21 K							<i>(skrifttyper)</i>						
				1(60)	2(102)	3(94)	4(104)	5(31)	6(93)	7(81)	8(85)	9(78)	10(71)	11(72)	12(103)	13(46)	14(84)
				15(69)	16(56)	17(57)	18(51)	19(97)	20(50)	21(100)	M						
10	114	Rasmussen Per Amager OK	52:51	3:29	6:02	7:32	10:36	12:06	15:00	16:59	20:29	22:46	25:44	27:56	32:26	36:37	38:52
				3:29	2:33	1:30	3:04	1:30	2:54	1:59	3:30	2:17	2:58	2:12	4:30	4:11	2:15
				40:07	41:08	45:48	49:30	50:54	52:03	52:37	52:51						
				1:15	1:01	4:40	3:42	1:24	1:09	0:34	0:14						
11	106	Bentsen Jens OK ØST Birkerød	54:34	3:35	6:35	8:33	11:34	13:48	16:06	18:12	22:33	24:34	27:46	29:43	34:22	39:17	41:50
				3:35	3:00	1:58	3:01	2:14	2:18	2:06	4:21	2:01	3:12	1:57	4:39	4:55	2:33
				43:33	44:49	47:14	50:10	52:13	53:34	54:14	54:34						
				1:43	1:16	2:25	2:56	2:03	1:21	0:40	0:20						
12	103	Johansen Jan PI-København	1:21:59	4:15	7:58	9:42	23:23	24:59	27:40	30:20	34:30	37:25	41:22	43:38	57:21	1:03:06	1:05:37
				4:15	3:43	1:44	13:41	1:36	2:41	2:40	4:10	2:55	3:57	2:16	13:43	5:45	2:31
				1:09:30	1:10:52	1:13:45	1:17:37	1:19:31	1:20:55	1:21:39	1:21:59						
				3:53	1:22	2:53	3:52	1:54	1:24	0:44	0:20						
13	101	Pedersen John A. Lyngby OK	1:23:20	11:57	15:45	17:35	21:07	24:22	31:59	36:10	43:15	45:45	49:49	52:31	57:49	1:03:18	1:06:32
				11:57	3:48	1:50	3:32	3:15	7:37	4:11	7:05	2:30	4:04	2:42	5:18	5:29	3:14
				1:07:55	1:10:04	1:13:25	1:18:16	1:20:19	1:22:12	1:22:57	1:23:20						
				1:23	2:09	3:21	4:51	2:03	1:53	0:45	0:23						
	111	Nielsen Jan Frank FSK Orientering	Fejlkl.	14:14	----	----	----	----	----	----	20:28	22:39	25:54	27:56	32:42	----	38:05
				14:14							6:14	2:11	3:15	2:02	4:46		5:23
				39:25	----	43:46	46:49	----	49:46	50:21	50:35		4:29	6:44	7:57	11:22	12:31
				1:20		4:21	3:03		2:57	0:35	0:14		*93	*102	*94	*104	*31
				17:49	36:16	42:36	48:12										
				*77	*74	*58	*43										
H60- (7)				4.8 km 0 Hm 19 K													
				1(101)	2(93)	3(81)	4(77)	5(70)	6(78)	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)
				15(57)	16(51)	17(97)	18(50)	19(100)	M								
1	119	Skaarup Jørgen Ballerup OK	37:57	1:52	4:15	6:04	8:19	11:31	12:52	15:09	16:43	19:17	21:44	24:42	26:37	27:43	29:37
				1:52	2:23	1:49	2:15	3:12	1:21	2:17	1:34	2:34	2:27	2:58	1:55	1:06	1:54
				31:36	34:12	35:59	37:03	37:41	37:57								
				1:59	2:36	1:47	1:04	0:38	0:16								
2	117	Kleffel Henrik Søllerød OK	48:10	2:25	4:14	6:16	9:16	13:43	15:30	18:56	20:50	23:31	26:07	30:19	33:22	34:53	37:37
				2:25	1:49	2:02	3:00	4:27	1:47	3:26	1:54	2:41	2:36	4:12	3:03	1:31	2:44
				40:41	44:09	45:48	47:20	47:55	48:10								
				3:04	3:28	1:39	1:32	0:35	0:15								
3	120	Raagaard Niels Søllerød OK	51:05	2:47	5:00	7:14	10:11	14:02	16:38	20:50	23:12	26:24	29:15	33:25	35:47	37:14	40:21
				2:47	2:13	2:14	2:57	3:51	2:36	4:12	2:22	3:12	2:51	4:10	2:22	1:27	3:07
				43:01	46:36	48:28	49:55	50:45	51:05								
				2:40	3:35	1:52	1:27	0:50	0:20								
4	115	Nielsen Dan Allerød OK	51:10	2:45	4:54	6:56	9:52	13:33	16:42	19:47	22:54	26:17	29:03	33:04	35:41	37:04	40:21
				2:45	2:09	2:02	2:56	3:41	3:09	3:05	3:07	3:23	2:46	4:01	2:37	1:23	3:17
				43:07	46:31	48:39	50:14	50:56	51:10								
				2:46	3:24	2:08	1:35	0:42	0:14								
	116	Nørgaard Peter Ballerup OK	Fejlkl.	2:14	8:25	10:09	12:18	15:50	19:37	22:23	24:04	27:48	30:20	----	34:53	36:01	38:25
				2:14	6:11	1:44	2:09	3:32	3:47	2:46	1:41	3:44	2:32		4:33	1:08	2:24
				41:29	44:28	46:18	47:41	48:16	48:29		33:23						
				3:04	2:59	1:50	1:23	0:35	0:13		*74						

Pl	Stnr	Navn	Tid														
H60- (7)				4.8 km 0 Hm 19 K				<i>(skrifttyper)</i>									
				1(101) 15(57)	2(93) 16(51)	3(81) 17(97)	4(77) 18(50)	5(70) 19(100)	6(78) M	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)
	121	Vejen Flemming Ballerup OK	Fejlkl.	2:47 2:47 -----	4:46 1:59 59:54	6:46 2:00 1:01:50	8:45 1:59 1:03:36	12:14 3:29 1:04:17	23:25 11:11 1:04:30	26:12 2:47	28:25 2:13	31:53 3:28	34:17 2:24	40:45 6:28	43:13 2:28	44:16 1:03	50:37 6:21
	118	Petersen Henrik Ole Allerød OK	Fejlkl.	4:01 4:01 56:12 5:32	7:03 3:02 59:38 3:26	12:28 5:25 1:02:09 2:31	24:45 12:17 1:03:36 1:27	29:12 4:27 1:04:21 0:45	31:08 1:56 1:04:41 0:20	34:41 3:33	36:59 2:18	39:41 2:42	42:56 3:15	46:40 3:44	49:16 2:36	50:40 1:24	-----
H65- (11)				4.8 km 0 Hm 19 K													
				1(101) 15(57)	2(93) 16(51)	3(81) 17(97)	4(77) 18(50)	5(70) 19(100)	6(78) M	7(71)	8(72)	9(76)	10(103)	11(46)	12(84)	13(69)	14(95)
	1	131 Münster-Swendsen Søllerød OK	38:43	2:11 2:11 32:30 2:09	4:06 1:55 35:14 2:44	5:40 1:34 36:40 1:26	8:33 2:53 37:53 1:13	11:38 3:05 38:29 0:36	12:58 1:20 38:43 0:14	15:21 2:23	17:21 2:00	19:47 2:26	22:07 2:20	25:06 2:59	27:10 2:04	28:17 1:07	30:21 2:04
	2	133 Wendelboe Flemmir Helsingør SOK	43:19	3:27 3:27 35:51 2:29	5:15 1:48 38:49 2:58	6:58 1:43 40:44 1:55	9:03 2:05 42:15 1:31	12:18 3:15 43:02 0:47	13:36 1:18 43:19 0:17	16:27 2:51	18:52 2:25	21:17 2:25	24:07 2:50	27:40 3:33	29:52 2:12	31:05 1:13	33:22 2:17
	3	123 Olesen Emil FIF Hillerød Oriente	44:59	1:58 1:58	3:46 1:48	5:42 1:56	7:57 2:15	11:07 3:10	12:41 1:34	16:01 3:20	18:23 2:22	21:30 3:07	24:26 2:56	28:03 3:37	31:12 3:09	32:37 1:25	35:23 2:46
	4	125 Schultz Karsten FIF Hillerød Oriente	46:34	2:22 2:22 39:05 2:27	4:42 2:20 42:03 2:58	6:25 1:43 44:03 2:00	9:01 2:36 45:33 1:30	12:26 3:25 46:18 0:45	14:24 1:58 46:34 0:16	18:18 3:54	20:38 2:20	23:49 3:11	26:41 2:52	30:28 3:47	33:04 2:36	34:27 1:23	36:38 2:11
	5	134 Folander Kim OK Sorø	47:55	2:41 2:41 41:01 3:12	4:37 1:56 44:04 3:03	6:47 2:10 45:39 1:35	9:20 2:33 47:03 1:24	14:01 4:41 47:41 0:38	15:53 1:52 47:55 0:14	18:53 3:00	20:53 2:00	23:43 2:50	26:19 2:36	31:30 5:11	33:50 2:20	35:08 1:18	37:49 2:41
	6	127 Mortensen Svend Tisvilde Hegn OK	51:30	2:27 2:27 43:23 3:14	4:47 2:20 46:50 3:27	7:04 2:17 48:55 2:05	9:41 2:37 50:34 1:39	13:30 3:49 51:14 0:40	15:29 1:59 51:30 0:16	18:57 3:28	21:22 2:25	24:53 3:31	28:01 3:08	32:35 4:34	35:23 2:48	36:46 1:23	40:09 3:23
	7	122 Hoen Jimmy Ballerup OK	51:33	2:09 2:09 45:08 2:18	3:49 1:40 47:40 2:32	5:35 1:46 49:17 1:37	12:06 6:31 50:42 1:25	15:13 3:07 51:20 0:38	21:29 6:16 51:33 0:13	24:30 3:01	26:42 2:12	30:33 3:51	32:57 2:24	36:50 3:53	38:50 2:00	40:08 1:18	42:50 2:42
	8	124 Rasmussen Kuno Ballerup OK	53:39	2:35 2:35 46:01 2:36	5:09 2:34 49:19 3:18	7:30 2:21 51:06 1:47	10:07 2:37 52:34 1:28	13:54 3:47 53:20 0:46	15:45 1:51 53:39 0:19	18:45 3:00	20:52 2:07	24:02 3:10	27:11 3:09	31:54 4:43	34:40 2:46	36:17 1:37	43:25 7:08

Pl	Stnr	Navn	Tid																
H70- (17)				3.6 km 0 Hm 15 K			<i>(skrifttyper)</i>												
				1(33)	2(101)	3(81)	4(85)	5(78)	6(74)	7(84)	8(69)	9(95)	10(58)	11(56)	12(51)	13(97)	14(50)		
				15(100)	M														
8	139	Hald Karl Aage FSK Orientering	44:17	1:10 1:10 44:01 0:51	2:57 1:47 44:17 0:16	7:05 4:08	11:08 4:03	13:47 2:39	18:34 4:47	20:58 2:24	22:59 2:01	30:36 7:37	31:57 1:21	33:42 1:45	38:48 5:06	41:33 2:45	43:10 1:37		
9	141	Christoffersen Per / Ballerup OK	46:32	3:02 3:02 46:10 0:46	5:14 2:12 46:32 0:22	9:17 4:03	13:39 4:22	16:37 2:58	20:33 3:56	24:11 3:38	29:56 5:45	33:36 3:40	35:01 1:25	36:47 1:46	41:40 4:53	43:43 2:03	45:24 1:41		
10	149	Jørgensen Mogens Søllerød OK	47:30	2:06 2:06 47:04 0:59	4:35 2:29 47:30 0:26	9:44 5:09	14:34 4:50	17:17 2:43	22:34 5:17	24:59 2:25	26:58 1:59	33:07 6:09	34:37 1:30	36:13 1:36	41:44 5:31	44:07 2:23	46:05 1:58		
11	142	Rostvad Kaj Søllerød OK	47:47	1:10 1:10 47:29 0:42	4:40 3:30 47:47 0:18	8:40 4:00	13:16 4:36	21:12 7:56	25:56 4:44	27:57 2:01	29:46 1:49	33:23 3:37	35:15 1:52	36:34 1:19	41:04 4:30	45:28 4:24	46:47 1:19		
12	144	Thisted Jens Aaris Søllerød OK	48:19	1:55 1:55 47:55 0:53	6:34 4:39 48:19 0:24	11:26 4:52	16:01 4:35	19:40 3:39	24:29 4:49	26:44 2:15	28:39 1:55	32:28 3:49	34:01 1:33	35:34 1:33	42:36 7:02	44:57 2:21	47:02 2:05		
13	135	Torm Knud OK Skærmen Værle	48:50	2:21 2:21 48:29 0:50	5:02 2:41 48:50 0:21	10:12 5:10	15:42 5:30	18:40 2:58	23:41 5:01	26:15 2:34	28:07 1:52	34:49 6:42	37:12 2:23	38:43 1:31	43:52 5:09	46:01 2:09	47:39 1:38		
14	137	Rasmussen Ole Køge OK	50:42	1:19 1:19 50:23 0:45	4:47 3:28 50:42 0:19	9:54 5:07	14:26 4:32	18:21 3:55	25:50 7:29	28:05 2:15	30:09 2:04	37:07 6:58	38:47 1:40	40:18 1:31	45:32 5:14	47:52 2:20	49:38 1:46		
15	148	Simonsen Jørn Ballerup OK	54:46	1:29 1:29 54:26 0:49	3:53 2:24 54:46 0:20	9:09 5:16	13:55 4:46	16:53 2:58	24:06 7:13	26:32 2:26	28:23 1:51	33:41 5:18	35:27 1:46	37:35 2:08	45:41 8:06	51:33 5:52	53:37 2:04		
16	136	Gregersen Poul Ballerup OK	1:03:41	1:33 1:33 1:03:11 1:13	4:08 2:35 1:03:41 0:30	10:51 6:43	17:01 6:10	21:13 4:12	30:21 9:08	34:44 4:23	37:05 2:21	41:01 3:56	43:16 2:15	45:27 2:11	52:27 7:00	59:22 6:55	1:01:58 2:36		
	138	Haagerup Dan Tisvilde Hegn OK	Fejlkl.	1:23 1:23 49:04 0:54	4:42 3:19 49:26 0:22	10:26 5:44	15:42 5:16 45:52 *43	18:43 3:01	23:53 5:10	26:11 2:18	28:02 1:51	34:44 6:42	36:43 1:59	38:30 1:47	44:17 5:47	-----	48:10 3:53		

Pl	Stnr	Navn	Tid														
H80- (3)				3.6 km 0 Hm 15 K				<i>(skrifttyper)</i>									
				1(33) 15(100)	2(101) M	3(81)	4(85)	5(78)	6(74)	7(84)	8(69)	9(95)	10(58)	11(56)	12(51)	13(97)	14(50)
				1:11	0:28												
Aben 1 (9 km) (22)				8.4 km 0 Hm 25 K													
				1(31) 15(85)	2(102) 16(78)	3(69) 17(71)	4(58) 18(72)	5(40) 19(76)	6(41) 20(84)	7(110) 21(94)	8(38) 22(111)	9(39) 23(43)	10(96) 24(50)	11(87) 25(100)	12(88) M	13(44)	14(73)
1	265	Kragh Martin Laage OK Roskilde	47:29	1:06 1:06	2:47 1:41	4:27 1:40	5:49 1:22	9:09 3:20	10:55 1:46	12:32 1:37	14:14 1:42	14:51 0:37	15:50 0:59	19:50 4:00	20:54 1:04	22:17 1:23	29:34 7:17
2	253	Pedersen Jan Eg OK ØST Birkerød	51:30	1:06 1:06	2:44 1:38	4:36 1:52	6:13 1:37	9:26 3:13	11:12 1:46	12:57 1:45	14:59 2:02	16:38 1:39	17:39 1:01	22:05 4:26	23:11 1:06	24:39 1:28	32:21 7:42
3	165	Stallknecht Claus B FIF Hillerød Oriente	53:36	1:08 1:22	1:30 3:22	1:55 4:54	1:22 6:45	1:59 10:11	3:48 12:03	1:38 14:01	3:03 16:26	0:39 17:14	1:24 18:17	0:31 22:50	0:12 23:59	25:26 1:09	33:39 8:13
4	164	Staugaard Ulrik FIF Hillerød Oriente	58:31	1:24 1:24	3:27 2:03	5:16 1:49	6:51 1:35	10:39 3:48	13:18 2:39	15:23 2:05	17:26 2:03	18:13 0:47	19:26 1:13	24:24 4:58	25:34 1:10	27:07 1:33	35:57 8:50
5	272	Petersen Mikkel L Allerød OK	1:02:32	1:26 1:26	4:04 2:38	5:55 1:51	7:44 1:49	7:44 4:49	14:49 2:16	16:58 2:09	19:17 2:19	20:06 0:49	21:24 1:18	26:50 5:26	28:09 1:19	29:51 1:42	39:10 9:19
6	212	Stallknecht Line Bru FIF Hillerød Oriente	1:08:58	1:34 1:34	1:50 3:44	2:16 5:31	1:49 7:18	1:49 13:26	2:34 15:43	4:54 17:56	1:56 20:33	3:42 22:39	0:48 23:55	1:13 29:13	0:34 30:36	0:12 32:35	42:00 42:00
7	217	Andersen Kim F. Søllerød OK	1:10:15	1:26 1:26	3:57 2:31	5:43 1:46	7:53 2:10	12:18 4:25	14:45 2:27	16:56 2:11	19:26 2:30	20:14 0:48	21:40 1:26	27:11 5:31	28:30 1:19	30:25 1:55	40:55 10:30
8	214	Christiansen Svend Uden klub	1:10:40	2:07 1:43	2:01 4:52	2:53 6:41	2:05 8:46	2:22 13:51	4:57 16:19	2:34 18:41	7:33 21:18	0:50 23:04	1:16 24:15	0:30 29:33	0:12 31:14	33:23 2:09	42:59 9:36
9	268	Hansen Torkil PI-København	1:11:13	1:38 1:28	1:57 3:48	2:37 5:24	2:09 8:24	2:23 13:14	5:05 15:23	2:32 17:56	4:04 20:43	0:52 21:40	3:38 22:52	0:31 28:47	0:15 30:49	32:41 1:52	44:26 11:45
10	260	Ploug Morten Ballerup OK	1:14:59	1:39 1:28	2:15 3:42	2:47 6:58	2:27 9:20	2:48 14:03	5:04 16:39	2:36 19:03	4:02 21:26	0:54 22:18	1:19 23:34	0:42 29:28	0:14 31:05	32:57 1:52	44:22 11:25

Pl	Stnr	Navn	Tid														
Åben 1 (9 km) (22)				8.4 km 0 Hm 25 K													
				<i>(skrifttyper)</i>													
				1(31)	2(102)	3(69)	4(58)	5(40)	6(41)	7(110)	8(38)	9(39)	10(96)	11(87)	12(88)	13(44)	14(73)
				15(85)	16(78)	17(71)	18(72)	19(76)	20(84)	21(94)	22(111)	23(43)	24(50)	25(100)	M		
11	289	Møller Michael OK73	I:21:03	1:30	4:15	6:42	9:03	16:36	21:31	23:58	26:40	27:30	28:55	35:10	37:39	39:45	51:18
				1:30	2:45	2:27	2:21	7:33	4:55	2:27	2:42	0:50	1:25	6:15	2:29	2:06	11:33
				53:15	55:40	58:40	1:00:45	1:03:58	1:09:56	1:13:13	1:17:47	1:18:39	1:20:13	1:20:49	1:21:03		
				1:57	2:25	3:00	2:05	3:13	5:58	3:17	4:34	0:52	1:34	0:36	0:14		
12	282	Ottesen Alex Ballerup OK	I:21:49	1:14	3:13	15:53	17:34	22:14	24:19	26:13	28:52	29:35	30:46	35:54	38:08	42:41	53:42
				1:14	1:59	12:40	1:41	4:40	2:05	1:54	2:39	0:43	1:11	5:08	2:14	4:33	11:01
				55:37	57:29	1:00:10	1:02:50	1:05:02	1:11:04	1:13:43	1:18:17	1:19:07	1:20:53	1:21:32	1:21:49		
				1:55	1:52	2:41	2:40	2:12	6:02	2:39	4:34	0:50	1:46	0:39	0:17		
13	213	Jensen Jens Uden klub	I:30:51	1:41	4:00	6:01	10:10	17:48	20:18	22:27	24:55	25:46	27:11	34:50	36:20	39:34	50:24
				1:41	2:19	2:01	4:09	7:38	2:30	2:09	2:28	0:51	1:25	7:39	1:30	3:14	10:50
				51:50	53:43	56:08	57:57	1:10:56	1:19:41	1:23:18	1:27:37	1:28:30	1:29:53	1:30:32	1:30:51		
				1:26	1:53	2:25	1:49	12:59	8:45	3:37	4:19	0:53	1:23	0:39	0:19		
14	271	Sørensen Jesper OK Skærmø Værle	I:32:48	1:43	4:35	6:31	11:02	17:46	20:58	23:47	26:40	27:43	29:18	36:20	38:19	42:31	56:20
				1:43	2:52	1:56	4:31	6:44	3:12	2:49	2:53	1:03	1:35	7:02	1:59	4:12	13:49
				58:45	1:01:09	1:04:29	1:07:00	1:10:28	1:18:23	1:24:00	1:29:05	1:30:02	1:31:49	1:32:30	1:32:48		
				2:25	2:24	3:20	2:31	3:28	7:55	5:37	5:05	0:57	1:47	0:41	0:18		
15	294	Clausen Ronald DSR	I:45:34	2:01	6:00	12:07	15:02	21:32	27:24	30:39	33:49	35:07	37:04	46:45	49:01	52:05	1:07:07
				2:01	3:59	6:07	2:55	6:30	5:52	3:15	3:10	1:18	1:57	9:41	2:16	3:04	15:02
				1:09:38	1:12:19	1:16:23	1:19:17	1:22:52	1:29:32	1:33:06	1:39:13	1:40:25	1:44:19	1:45:10	1:45:34		
				2:31	2:41	4:04	2:54	3:35	6:40	3:34	6:07	1:12	3:54	0:51	0:24		
16	228	Krogh Frederik Ersl OK ØST Birkerød	I:46:33	1:36	4:57	7:48	13:31	25:01	28:55	33:35	37:31	39:10	40:58	49:25	50:47	54:06	1:06:31
				1:36	3:21	2:51	5:43	11:30	3:54	4:40	3:56	1:39	1:48	8:27	1:22	3:19	12:25
				1:08:34	1:11:07	1:15:24	1:18:46	1:23:28	1:32:32	1:36:07	1:42:03	1:43:21	1:45:43	1:46:17	1:46:33		
				2:03	2:33	4:17	3:22	4:42	9:04	3:35	5:56	1:18	2:22	0:34	0:16		
17	242	Kronborg Lise Uden klub	2:04:11	2:35	6:01	10:33	14:35	21:50	30:46	40:20	43:32	49:18	51:03	59:18	1:01:23	1:05:11	1:28:41
				2:35	3:26	4:32	4:02	7:15	8:56	9:34	3:12	5:46	1:45	8:15	2:05	3:48	23:30
				1:30:48	1:33:55	1:38:17	1:41:47	1:45:28	1:51:29	1:54:47	1:59:25	2:00:45	2:03:08	2:03:43	2:04:11		2:03:48
				2:07	3:07	4:22	3:30	3:41	6:01	3:18	4:38	1:20	2:23	0:35	0:28		*100
18	280	Hougaard Jytte OK Roskilde	2:09:39	2:16	6:35	10:05	14:15	25:35	29:22	33:05	38:00	42:58	45:02	55:10	57:17	1:00:15	1:25:49
				2:16	4:19	3:30	4:10	11:20	3:47	3:43	4:55	4:58	2:04	10:08	2:07	2:58	25:34
				1:28:52	1:31:49	1:35:30	1:38:51	1:42:00	1:49:34	1:54:00	2:04:32	2:06:13	2:08:32	2:09:21	2:09:39		
				3:03	2:57	3:41	3:21	3:09	7:34	4:26	10:32	1:41	2:19	0:49	0:18		
	222	Jepsen Svend-Erik Søllerød OK	Fejlkl.	1:20	4:45	7:06	9:04	----	15:44	18:27	21:00	22:07	25:05	31:05	32:55	34:43	45:33
				1:20	3:25	2:21	1:58	----	6:40	2:43	2:33	1:07	2:58	6:00	1:50	1:48	10:50
				47:41	50:07	53:10	54:49	57:56	1:03:07	1:06:42	1:10:35	1:11:24	1:13:24	1:13:57	1:14:12		
				2:08	2:26	3:03	1:39	3:07	5:11	3:35	3:53	0:49	2:00	0:33	0:15		
	267	Friberg Lotte FIF Hillerød Oriente	Fejlkl.	1:52	5:24	7:46	10:49	17:00	19:55	22:30	25:26	28:15	30:08	----	----	----	----
				1:52	3:32	2:22	3:03	6:11	2:55	2:35	2:56	2:49	1:53	----	----	----	----
				----	----	----	----	----	41:59	45:19	50:35	51:44	53:51	54:29	54:45		
				----	----	----	----	----	11:51	3:20	5:16	1:09	2:07	0:38	0:16		
	276	Maarup Anne FIF Hillerød Oriente	Fejlkl.	1:52	4:34	6:30	9:09	14:09	16:51	19:39	22:45	23:45	25:28	32:56	34:54	37:10	----
				1:52	2:42	1:56	2:39	5:00	2:42	2:48	3:06	1:00	1:43	7:28	1:58	2:16	----
				----	----	----	----	----	46:40	50:01	54:21	55:25	57:01	57:44	58:06		
				----	----	----	----	----	9:30	3:21	4:20	1:04	1:36	0:43	0:22		
	281	Boesen Henrik OK Roskilde	Fejlkl.	2:00	5:49	8:13	11:37	22:02	26:00	29:28	35:33	36:37	38:54	48:29	52:47	59:00	----
				2:00	3:49	2:24	3:24	10:25	3:58	3:28	6:05	1:04	2:17	9:35	4:18	6:13	----
				----	----	----	----	----	1:12:01	----	1:25:04	1:26:04	----	1:30:12	1:30:35		

Pl	Stnr	Navn	Tid														
Åben 1 (9 km) (22)				8.4 km 0 Hm 25 K				<i>(skrifttyper)</i>									
				1(31) 15(85)	2(102) 16(78)	3(69) 17(71)	4(58) 18(72)	5(40) 19(76)	6(41) 20(84)	7(110) 21(94)	8(38) 22(111)	9(39) 23(43)	10(96) 24(50)	11(87) 25(100)	12(88) M	13(44)	14(73)
									13:01		13:03	1:00		4:08	0:23		
Åben 2 (6 km) (39)				5.6 km 0 Hm 21 K													
				1(93) 15(69)	2(102) 16(58)	3(94) 17(57)	4(104) 18(51)	5(31) 19(43)	6(60) 20(50)	7(77) 21(100)	8(85) M	9(78)	10(71)	11(72)	12(103)	13(74)	14(84)
1	293	Hagedorn Mogens Søllerød OK	38:51	2:56 2:56	4:48 1:52	5:54 1:06	9:02 3:08	10:07 1:05	11:34 1:27	14:20 2:46	16:37 2:17	18:16 1:39	20:34 2:18	22:05 1:31	25:33 3:28	27:58 2:25	29:22 1:24
				30:27	32:29	33:31	35:59	36:55	38:05	38:38	38:51						
				1:05	2:02	1:02	2:28	0:56	1:10	0:33	0:13						
2	207	Johnsen Keld Tisvilde Hegn OK	40:33	3:17 3:17	5:10 1:53	6:35 1:25	9:02 2:27	10:17 1:15	11:52 1:35	14:42 2:50	17:09 2:27	18:59 1:50	21:35 2:36	23:16 1:41	26:53 3:37	29:33 2:40	31:01 1:28
				32:05	34:02	35:04	37:30	38:30	39:45	40:18	40:33						
				1:04	1:57	1:02	2:26	1:00	1:15	0:33	0:15						
3	167	Staugaard Maria M. FIF Hillerød Oriente	41:47	3:09 3:09	5:10 2:01	6:38 1:28	10:26 3:48	11:27 1:01	13:05 1:38	16:36 3:31	18:34 1:58	20:23 1:49	22:51 2:28	24:18 1:27	27:52 3:34	30:19 2:27	31:39 1:20
				32:38	34:30	35:31	37:55	38:46	41:02	41:33	41:47		40:25				
				0:59	1:52	1:01	2:24	0:51	2:16	0:31	0:14		*100				
4	250	Hemmingsen Lukas FIF Hillerød Oriente	42:23	3:09 3:09	5:10 2:01	6:10 1:00	8:31 2:21	9:35 1:04	11:10 1:35	13:53 2:43	16:08 2:15	17:58 1:50	20:45 2:47	22:50 2:05	26:30 3:40	29:20 2:50	31:30 2:10
				32:36	35:12	36:48	39:13	40:14	41:33	42:07	42:23						
				1:06	2:36	1:36	2:25	1:01	1:19	0:34	0:16						
5	205	Simonsen Annika FIF Hillerød Oriente	42:31	2:54 2:54	4:40 1:46	6:58 2:18	9:17 2:19	10:21 1:04	11:51 1:30	14:34 2:43	16:41 2:07	18:26 1:45	21:22 2:56	23:01 1:39	26:42 3:41	29:34 2:52	31:03 1:29
				32:15	33:58	36:32	39:07	40:18	41:38	42:15	42:31						
				1:12	1:43	2:34	2:35	1:11	1:20	0:37	0:16						
6	210	Nørgaard Jens Vikt FIF Hillerød Oriente	44:23	3:39 3:39	5:34 1:55	7:02 1:28	9:24 2:22	10:27 1:03	12:20 1:53	15:02 2:42	17:30 2:28	19:50 2:20	22:35 2:45	24:23 1:48	28:08 3:45	32:06 3:58	33:39 1:33
				34:56	37:03	38:15	40:57	42:04	43:34	44:08	44:23						
				1:17	2:07	1:12	2:42	1:07	1:30	0:34	0:15						
7	257	Brunstedt Janne OK Roskilde	44:36	3:35 3:35	5:41 2:06	6:52 1:11	10:17 3:25	11:25 1:08	13:04 1:39	15:46 2:42	18:09 2:23	19:52 1:43	22:37 2:45	24:33 1:56	28:44 4:11	32:09 3:25	33:42 1:33
				35:15	37:34	38:48	41:23	42:27	43:47	44:23	44:36						
				1:33	2:19	1:14	2:35	1:04	1:20	0:36	0:13						
8	252	Søndergaard Jakob OK Roskilde	45:26	3:42 3:42	6:22 2:40	7:47 1:25	10:35 2:48	12:02 1:27	13:54 1:52	16:42 2:48	19:04 2:22	21:09 2:05	23:52 2:43	25:43 1:51	29:39 3:56	32:40 3:01	34:23 1:43
				35:40	37:50	39:23	42:08	43:12	44:41	45:13	45:26						
				1:17	2:10	1:33	2:45	1:04	1:29	0:32	0:13						
9	197	Grue-Sørensen Gun Køge OK	45:53	3:20 3:20	5:30 2:10	7:01 1:31	9:37 2:36	11:19 1:42	13:07 1:48	15:58 2:51	18:27 2:29	20:37 2:10	23:19 2:42	25:16 1:57	29:41 4:25	32:40 2:59	34:22 1:42
				35:29	37:36	39:03	41:44	42:51	45:00	45:39	45:53						
				1:07	2:07	1:27	2:41	1:07	2:09	0:39	0:14						
10	215	Albahn Henrik Tisvilde Hegn OK	48:09	3:35 3:35	5:48 2:13	7:04 1:16	9:48 2:44	11:04 1:16	12:46 1:42	15:38 2:52	18:09 2:31	20:12 2:03	23:08 2:56	24:53 1:45	28:57 4:04	32:07 3:10	33:41 1:34
				34:57	39:19	40:50	44:07	45:14	47:19	47:54	48:09						
				1:16	4:22	1:31	3:17	1:07	2:05	0:35	0:15						

Pl	Stnr	Navn	Tid														
Åben 2 (6 km) (39)				5.6 km 0 Hm 21 K							<i>(skrifttyper)</i>						
				1(93)	2(102)	3(94)	4(104)	5(31)	6(60)	7(77)	8(85)	9(78)	10(71)	11(72)	12(103)	13(74)	14(84)
				15(69)	16(58)	17(57)	18(51)	19(43)	20(50)	21(100)	M						
11	226	Andersen Aksel OK Roskilde	49:12	3:25	5:53	7:14	9:51	11:18	13:03	15:59	18:49	22:24	24:59	27:17	32:27	35:24	37:08
				3:25	2:28	1:21	2:37	1:27	1:45	2:56	2:50	3:35	2:35	2:18	5:10	2:57	1:44
				38:32	40:39	42:33	45:31	46:33	48:16	48:57	49:12						
				1:24	2:07	1:54	2:58	1:02	1:43	0:41	0:15						
12	169	Hjorth Ronnie OK73	49:43	4:38	6:44	8:45	11:20	12:49	14:45	17:58	20:29	22:24	25:14	27:14	32:27	35:19	36:55
				4:38	2:06	2:01	2:35	1:29	1:56	3:13	2:31	1:55	2:50	2:00	5:13	2:52	1:36
				38:08	42:41	43:47	46:31	47:32	48:50	49:26	49:43						
				1:13	4:33	1:06	2:44	1:01	1:18	0:36	0:17						
13	290	Almer Lars PI-København	50:14	3:39	6:04	7:24	11:05	12:19	14:17	17:38	20:23	22:34	25:27	27:28	31:59	35:05	36:58
				3:39	2:25	1:20	3:41	1:14	1:58	3:21	2:45	2:11	2:53	2:01	4:31	3:06	1:53
				38:19	41:04	43:34	46:43	47:47	49:13	49:55	50:14						
				1:21	2:45	2:30	3:09	1:04	1:26	0:42	0:19						
14	227	Hjorth Martin OK73	51:55	3:56	6:20	8:00	11:09	14:01	16:09	19:49	22:40	24:38	27:44	29:51	35:16	38:36	40:36
				3:56	2:24	1:40	3:09	2:52	2:08	3:40	2:51	1:58	3:06	2:07	5:25	3:20	2:00
				41:58	44:13	45:51	48:35	49:38	51:02	51:39	51:55						
				1:22	2:15	1:38	2:44	1:03	1:24	0:37	0:16						
15	170	Sudergaard Leif Kildeholm OK	52:08	3:46	6:38	7:54	10:37	11:49	13:44	16:59	19:54	22:09	24:59	27:00	31:54	36:30	38:23
				3:46	2:52	1:16	2:43	1:12	1:55	3:15	2:55	2:15	2:50	2:01	4:54	4:36	1:53
				39:45	43:01	45:08	48:10	49:20	51:10	51:50	52:08						
				1:22	3:16	2:07	3:02	1:10	1:50	0:40	0:18						
16	216	Brunstedt Pernille OK ØST Birkerød	52:29	3:55	6:25	8:04	11:09	12:47	14:48	18:15	21:13	23:36	26:22	28:46	33:30	36:49	38:52
				3:55	2:30	1:39	3:05	1:38	2:01	3:27	2:58	2:23	2:46	2:24	4:44	3:19	2:03
				40:37	43:34	44:53	47:56	49:16	51:28	52:11	52:29						
				1:45	2:57	1:19	3:03	1:20	2:12	0:43	0:18						
17	218	Wraa Peter Tisvilde Hegn OK	55:04	5:30	7:59	9:42	12:40	14:09	16:07	19:54	24:16	26:28	29:42	32:01	36:50	40:14	42:05
				5:30	2:29	1:43	2:58	1:29	1:58	3:47	4:22	2:12	3:14	2:19	4:49	3:24	1:51
				43:32	45:55	47:30	50:53	52:18	53:57	54:43	55:04						
				1:27	2:23	1:35	3:23	1:25	1:39	0:46	0:21						
18	223	Enevoldsen Karen \\\nAllerød OK	55:22	4:18	7:02	8:36	11:39	13:22	15:27	19:29	22:46	25:22	29:11	31:19	36:19	40:11	42:09
				4:18	2:44	1:34	3:03	1:43	2:05	4:02	3:17	2:36	3:49	2:08	5:00	3:52	1:58
				43:36	46:41	48:10	51:30	52:42	54:24	55:06	55:22						
				1:27	3:05	1:29	3:20	1:12	1:42	0:42	0:16						
19	194	Olsen Klaus Tisvilde Hegn OK	56:28	3:10	6:08	8:22	12:05	13:55	15:55	19:49	23:06	25:44	28:52	31:39	36:41	40:41	42:28
				3:10	2:58	2:14	3:43	1:50	2:00	3:54	3:17	2:38	3:08	2:47	5:02	4:00	1:47
				43:47	46:11	47:30	50:49	52:12	54:27	55:11	56:28						
				1:19	2:24	1:19	3:19	1:23	2:15	0:44	1:17						
20	232	Ebbensgaard Tage Køge OK	56:41	4:37	7:11	9:08	12:56	14:20	16:23	19:50	23:05	25:19	28:15	30:35	35:49	40:48	42:47
				4:37	2:34	1:57	3:48	1:24	2:03	3:27	3:15	2:14	2:56	2:20	5:14	4:59	1:59
				44:04	46:27	47:58	52:47	54:08	55:45	56:25	56:41						
				1:17	2:23	1:31	4:49	1:21	1:37	0:40	0:16						
21	254	Sætter Nils Kildeholm OK	57:03	3:55	6:25	8:07	11:56	14:45	16:39	20:00	22:56	27:05	30:19	32:29	37:07	41:07	43:07
				3:55	2:30	1:42	3:49	2:49	1:54	3:21	2:56	4:09	3:14	2:10	4:38	4:00	2:00
				44:44	49:27	50:57	53:37	54:45	56:17	56:49	57:03						
				1:37	4:43	1:30	2:40	1:08	1:32	0:32	0:14						
22	292	Schorlemmer Torbe Ballerup OK	57:21	7:24	10:44	11:57	17:11	18:22	21:11	24:32	27:27	29:29	32:26	34:35	39:49	43:53	45:39
				7:24	3:20	1:13	5:14	1:11	2:49	3:21	2:55	2:02	2:57	2:09	5:14	4:04	1:46
				47:01	49:20	50:31	53:16	54:16	56:32	57:10	57:21						
				1:22	2:19	1:11	2:45	1:00	2:16	0:38	0:11						

Pl	Stnr	Navn	Tid															
Åben 2 (6 km) (39)				5.6 km 0 Hm 21 K							<i>(skrifttyper)</i>							
				1(93)	2(102)	3(94)	4(104)	5(31)	6(60)	7(77)	8(85)	9(78)	10(71)	11(72)	12(103)	13(74)	14(84)	
				15(69)	16(58)	17(57)	18(51)	19(43)	20(50)	21(100)	M							
23	258	Hald Mogens OK Roskilde	58:17	4:38	8:18	9:51	13:37	15:00	16:59	20:32	23:45	26:19	29:25	33:22	38:33	42:51	45:11	
				4:38	3:40	1:33	3:46	1:23	1:59	3:33	3:13		2:34	3:06	3:57	5:11	4:18	2:20
				47:09	49:37	51:01	54:06	55:19	57:12	57:58	58:17							
				1:58	2:28	1:24	3:05	1:13	1:53	0:46	0:19							
24	249	Kjær Bente FIF Hillerød Oriente	1:01:52	4:41	9:32	11:47	16:21	17:55	20:09	24:02	26:54	29:38	32:34	36:06	40:56	44:30	46:35	
				4:41	4:51	2:15	4:34	1:34	2:14	3:53	2:52		2:44	2:56	3:32	4:50	3:34	2:05
				48:49	52:11	53:41	56:57	58:18	1:00:53	1:01:36	1:01:52							
				2:14	3:22	1:30	3:16	1:21	2:35	0:43	0:16							
25	168	Hjorth Michael OK73	1:01:54	3:58	6:48	8:44	12:30	13:48	18:16	22:46	26:16	28:30	31:52	34:21	39:31	47:57	49:58	
				3:58	2:50	1:56	3:46	1:18	4:28	4:30	3:30		2:14	3:22	2:29	5:10	8:26	2:01
				51:17	53:33	54:56	57:59	59:17	1:00:50	1:01:36	1:01:54							
				1:19	2:16	1:23	3:03	1:18	1:33	0:46	0:18							
26	196	Jonasen Lise Allerød OK	1:04:28	4:51	8:18	10:01	13:05	14:36	16:50	20:39	24:00	27:30	31:15	33:47	39:13	43:23	45:37	
				4:51	3:27	1:43	3:04	1:31	2:14	3:49	3:21		3:30	3:45	2:32	5:26	4:10	2:14
				47:15	51:05	52:46	56:26	57:50	1:00:05	1:04:09	1:04:28							
				1:38	3:50	1:41	3:40	1:24	2:15	4:04	0:19							
27	188	Poulsen Henrik FIF Hillerød Oriente	1:04:55	3:50	6:28	12:45	16:26	18:01	20:19	24:25	27:55	30:40	33:54	36:46	42:43	47:06	49:11	
				3:50	2:38	6:17	3:41	1:35	2:18	4:06	3:30		2:45	3:14	2:52	5:57	4:23	2:05
				50:48	53:43	55:17	59:25	1:01:13	1:03:43	1:04:37	1:04:55							
				1:37	2:55	1:34	4:08	1:48	2:30	0:54	0:18							
28	208	Fladberg Steen Køge OK	1:05:06	4:53	7:40	9:38	12:43	14:37	16:48	20:50	23:44	26:19	30:24	33:52	38:47	45:07	47:09	
				4:53	2:47	1:58	3:05	1:54	2:11	4:02	2:54		2:35	4:05	3:28	4:55	6:20	2:02
				48:36	54:38	57:21	1:00:27	1:01:50	1:04:05	1:04:49	1:05:06							
				1:27	6:02	2:43	3:06	1:23	2:15	0:44	0:17							
29	171	Bachmann Daniel N Amager OK	1:06:06	5:39	8:54	10:54	14:41	16:34	18:35	22:38	26:15	29:03	34:07	37:25	42:49	46:57	50:33	
				5:39	3:15	2:00	3:47	1:53	2:01	4:03	3:37		2:48	5:04	3:18	5:24	4:08	3:36
				52:22	55:33	57:36	1:01:17	1:02:40	1:05:03	1:05:45	1:06:06							
				1:49	3:11	2:03	3:41	1:23	2:23	0:42	0:21							
30	201	Mathiesen Henrik Herlufsholm OK	1:10:01	4:42	13:24	14:54	22:49	24:42	26:51	30:17	33:24	36:36	40:53	43:14	48:20	54:00	56:12	
				4:42	8:42	1:30	7:55	1:53	2:09	3:26	3:07		3:12	4:17	2:21	5:06	5:40	2:12
				57:37	1:01:09	1:03:03	1:06:10	1:07:26	1:09:02	1:09:45	1:10:01							
				1:25	3:32	1:54	3:07	1:16	1:36	0:43	0:16							
31	211	Sommer Ellis Byrgji OK ØST Birkerød	1:10:45	6:29	9:34	11:37	16:49	19:00	22:12	26:40	31:04	34:00	37:49	40:19	46:17	51:24	54:12	
				6:29	3:05	2:03	5:12	2:11	3:12	4:28	4:24		2:56	3:49	2:30	5:58	5:07	2:48
				56:52	59:48	1:01:23	1:05:31	1:07:19	1:09:29	1:10:25	1:10:45							
				2:40	2:56	1:35	4:08	1:48	2:10	0:56	0:20							
32	202	Berg Lykke Herlufsholm OK	1:12:46	5:10	8:30	10:21	14:49	17:00	19:59	24:41	29:24	33:05	38:20	41:53	48:20	53:16	55:41	
				5:10	3:20	1:51	4:28	2:11	2:59	4:42	4:43		3:41	5:15	3:33	6:27	4:56	2:25
				57:38	1:00:53	1:02:46	1:06:53	1:09:13	1:11:38	1:12:26	1:12:46							
				1:57	3:15	1:53	4:07	2:20	2:25	0:48	0:20							
33	243	Jensen Jan Steen Ballerup OK	1:14:43	4:47	11:09	13:11	18:15	19:55	22:13	26:26	30:37	33:08	37:40	40:36	46:15	51:16	53:51	
				4:47	6:22	2:02	5:04	1:40	2:18	4:13	4:11		2:31	4:32	2:56	5:39	5:01	2:35
				55:12	1:04:03	1:06:26	1:10:19	1:11:46	1:13:49	1:14:26	1:14:43							
				1:21	8:51	2:23	3:53	1:27	2:03	0:37	0:17							
34	255	Eflund Michael Kildeholm OK	1:22:39	5:46	9:40	11:35	15:13	17:17	20:25	25:07	29:28	32:36	37:24	40:15	58:38	1:03:36	1:05:51	
				5:46	3:54	1:55	3:38	2:04	3:08	4:42	4:21		3:08	4:48	2:51	18:23	4:58	2:15
				1:07:41	1:11:17	1:13:21	1:17:55	1:19:32	1:21:39	1:22:22	1:22:39							
				1:50	3:36	2:04	4:34	1:37	2:07	0:43	0:17							

Pl	Stnr	Navn	Tid	(skrifttyper)															
Åben 3 (4 km) (35)				3.7 km 0 Hm 15 K															
				1(31)	2(93)	3(81)	4(85)	5(78)	6(74)	7(84)	8(69)	9(95)	10(58)	11(56)	12(51)	13(97)	14(50)		
				15(100)	M														
6	275	Snedker Christian Farum OK	33:54	1:38 1:38 33:35 0:43	4:17 2:39 33:54 0:19	6:04 1:47	9:21 3:17	11:32 2:11	15:51 4:19	17:43 1:52	19:06 1:23	22:35 3:29	23:38 1:03	25:00 1:22	29:34 4:34	31:15 1:41	32:52 1:37		
7	291	Miclea Viorel Metropolitan Bucha	34:18	1:31 1:31 34:03 0:37	4:12 2:41 34:18 0:15	6:01 1:49	10:07 4:06	12:20 2:13	16:23 4:03	18:11 1:48	19:53 1:42	23:46 3:53	24:46 1:00	26:03 1:17	30:10 4:07	32:07 1:57	33:26 1:19		
8	174	Østergaard Tine Rø Kildeholm OK	34:49	2:42 2:42 34:30 0:41	5:22 2:40 34:49 0:19	7:11 1:49	11:15 4:04	13:11 1:56	16:55 3:44	18:38 1:43	19:52 1:14	24:33 4:41	25:25 0:52	26:40 1:15	30:17 3:37	32:29 2:12	33:49 1:20		
9	296	Nielsen Henrik Tisvilde Hegn OK	36:03	1:56 1:56 35:44 0:40	4:19 2:23 36:03 0:19	6:14 1:55	9:55 3:41	11:58 2:03	15:44 3:46	17:35 1:51	18:58 1:23	25:21 6:23	26:26 1:05	27:40 1:14	31:54 4:14	33:52 1:58	35:04 1:12		
10	261	Steinthal Louis FIF Hillerød Oriente	36:20	1:40 1:40 36:06 0:39	4:23 2:43 36:20 0:14	6:42 2:19	11:05 4:23 33:05 *43	13:24 2:19	18:08 4:44	20:07 1:59	21:30 1:23	24:27 2:57	25:34 1:07	27:03 1:29	31:36 4:33	33:57 2:21	35:27 1:30		
11	259	Sij Leif FIF Hillerød Oriente	36:36	1:46 1:46 36:18 0:46	4:25 2:39 36:36 0:18	6:33 2:08	10:19 3:46	12:42 2:23	16:41 3:59	18:42 2:01	21:06 2:24	23:46 2:40	25:10 1:24	26:43 1:33	31:35 4:52	33:37 2:02	35:32 1:55		
12	298	Krebs Jens Søllerød OK	36:48	2:03 2:03 36:32 0:34	5:42 3:39 36:48 0:16	7:38 1:56	11:29 3:51 34:47 *100	13:48 2:19	17:49 4:01	19:41 1:52	21:20 1:39	24:01 2:41	25:11 1:10	26:33 1:22	31:02 4:29	32:39 1:37	35:58 3:19		
13	204	Simonsen Sandra FIF Hillerød Oriente	37:33	1:39 1:39 37:15 0:46	4:23 2:44 37:33 0:18	6:11 1:48	10:01 3:50	13:20 3:19	19:44 6:24	21:40 1:56	23:03 1:23	26:00 2:57	27:08 1:08	28:39 1:31	32:49 4:10	34:44 1:55	36:29 1:45		
14	230	Jensen Erim Løvgren Køge OK	39:05	1:59 1:59 38:49 0:40	4:53 2:54 39:05 0:16	7:33 2:40	12:19 4:46	15:08 2:49	19:39 4:31	21:35 1:56	23:24 1:49	27:21 3:57	28:30 1:09	30:01 1:31	34:33 4:32	36:41 2:08	38:09 1:28		
15	221	Schiøtt Lise Thode Nordvest OK	39:06	2:11 2:11 38:49 0:44	5:00 2:49 39:06 0:17	7:20 2:20	11:43 4:23	13:58 2:15	18:14 4:16	20:07 1:53	21:56 1:49	25:54 3:58	27:27 1:33	29:19 1:52	33:53 4:34	35:58 2:05	38:05 2:07		
16	225	Kolarik Jakob OK73	40:00	2:11 2:11 39:45 0:39	5:14 3:03 40:00 0:15	7:41 2:27	11:31 3:50	16:15 4:44	21:09 4:54	23:22 2:13	25:11 1:49	28:31 3:20	29:51 1:20	31:15 1:24	35:44 4:29	37:25 1:41	39:06 1:41		
17	284	Ottesen Mikkel Ballerup OK	42:35	1:33 1:33 42:22 0:34	4:33 3:00 42:35 0:13	6:32 1:59	13:23 6:51	15:59 2:36	21:36 5:37	23:05 1:29	24:31 1:26	32:29 7:58	33:40 1:11	34:40 1:00	38:56 4:16	40:46 1:50	41:48 1:02		

Pl	Stnr	Navn	Tid														
Åben 3 (4 km) (35)				3.7 km 0 Hm 15 K			<i>(skrifttyper)</i>										
				1(31)	2(93)	3(81)	4(85)	5(78)	6(74)	7(84)	8(69)	9(95)	10(58)	11(56)	12(51)	13(97)	14(50)
				15(100)	M												
18	251	Bonnen Kristen Ballerup OK	43:57	1:49	4:44	7:51	12:32	15:32	20:24	22:41	24:25	28:21	29:53	31:32	38:40	40:57	42:43
				1:49	2:55	3:07	4:41	3:00	4:52	2:17	1:44	3:56	1:32	1:39	7:08	2:17	1:46
				43:41	43:57												
				0:58	0:16												
19	195	Christiansen Gerda Køge OK	44:42	2:01	5:05	7:44	12:24	15:08	20:04	22:34	24:29	28:33	30:24	32:21	39:17	41:34	43:46
				2:01	3:04	2:39	4:40	2:44	4:56	2:30	1:55	4:04	1:51	1:57	6:56	2:17	2:12
				44:26	44:42												
				0:40	0:16												
20	264	Storm Pernille OK Roskilde	45:54	2:10	5:26	8:36	12:52	16:14	21:57	24:40	26:36	30:16	32:41	34:50	40:12	42:32	44:31
				2:10	3:16	3:10	4:16	3:22	5:43	2:43	1:56	3:40	2:25	2:09	5:22	2:20	1:59
				45:33	45:54												
				1:02	0:21												
21	288	Olsen Jens Høyer FIF Hillerød Oriente	46:20	1:53	8:08	11:01	15:50	18:28	22:53	25:15	27:09	31:26	32:58	34:37	41:41	43:43	45:18
				1:53	6:15	2:53	4:49	2:38	4:25	2:22	1:54	4:17	1:32	1:39	7:04	2:02	1:35
				46:02	46:20												
				0:44	0:18												
22	277	Mikkelsen Claus Uden klub	46:24	2:28	6:06	9:05	14:12	17:11	22:39	25:06	26:52	31:22	33:11	35:01	41:07	43:27	45:09
				2:28	3:38	2:59	5:07	2:59	5:28	2:27	1:46	4:30	1:49	1:50	6:06	2:20	1:42
				46:01	46:24												
				0:52	0:23												
23	185	Lorenzen Gunnar Allerød OK	49:24	1:15	4:37	7:30	13:09	16:54	22:18	24:53	26:44	31:08	32:59	34:44	41:58	44:59	47:10
				1:15	3:22	2:53	5:39	3:45	5:24	2:35	1:51	4:24	1:51	1:45	7:14	3:01	2:11
				48:02	49:24												
				0:52	1:22												
24	219	Wraa Birgitte Tisvilde Hegn OK	50:07	2:20	6:09	9:34	15:10	18:31	24:45	27:12	29:57	33:53	35:34	37:41	43:21	46:34	48:52
				2:20	3:49	3:25	5:36	3:21	6:14	2:27	2:45	3:56	1:41	2:07	5:40	3:13	2:18
				49:46	50:07												
				0:54	0:21												
25	175	Waltenburg Hanne I Kildeholm OK	52:30	2:24	5:51	9:00	17:51	21:33	27:17	29:40	31:50	37:23	39:15	41:07	47:12	49:59	51:33
				2:24	3:27	3:09	8:51	3:42	5:44	2:23	2:10	5:33	1:52	1:52	6:05	2:47	1:34
				52:14	52:30												
				0:41	0:16												
26	283	Ottesen Tina Island Ballerup OK	52:53	2:06	7:41	9:48	15:25	20:43	29:26	31:38	33:24	37:30	40:06	41:33	48:12	50:26	51:50
				2:06	5:35	2:07	5:37	5:18	8:43	2:12	1:46	4:06	2:36	1:27	6:39	2:14	1:24
				52:34	52:53												
				0:44	0:19												
27	231	Berner Birgit Køge OK	53:20	2:45	6:46	10:16	16:59	20:15	25:24	28:21	31:10	35:29	38:18	40:10	45:57	50:13	52:17
				2:45	4:01	3:30	6:43	3:16	5:09	2:57	2:49	4:19	2:49	1:52	5:47	4:16	2:04
				53:01	53:20												
				0:44	0:19												
28	193	Olsen Birgit Tisvilde Hegn OK	58:33	2:09	6:41	9:50	18:39	21:58	29:04	32:10	34:51	40:01	42:03	44:41	50:45	54:01	56:29
				2:09	4:32	3:09	8:49	3:19	7:06	3:06	2:41	5:10	2:02	2:38	6:04	3:16	2:28
				57:13	58:33												
				0:44	1:20												
29	224	Folino Betty FIF Hillerød Oriente	1:00:30	2:33	5:54	8:46	14:05	17:27	27:27	30:29	32:53	38:14	40:34	42:53	49:31	56:45	59:10
				2:33	3:21	2:52	5:19	3:22	10:00	3:02	2:24	5:21	2:20	2:19	6:38	7:14	2:25
				1:00:06	1:00:30												
				0:56	0:24												

Pl	Stnr	Navn	Tid														
Åben 3 (4 km) (35)				3.7 km 0 Hm 15 K			<i>(skrifttyper)</i>										
				1(31) 15(100)	2(93) M	3(81)	4(85)	5(78)	6(74)	7(84)	8(69)	9(95)	10(58)	11(56)	12(51)	13(97)	14(50)
30	256	Jensen Inger FSK Orientering	1:05:32	13:16 13:16 1:05:08 0:55 0:24	17:05 3:49 1:05:32 0:24	20:22 3:17	25:28 5:06	28:51 3:23	36:19 7:28	39:20 3:01	41:53 2:33	49:38 7:45	51:35 1:57	53:37 2:02	59:53 6:16	1:02:40 2:47	1:04:13 1:33
31	209	Fladberg Sv Køge OK	1:11:04	2:55 2:55 1:10:38 0:57 0:26	7:43 4:48 1:11:04 0:26	11:22 3:39	20:30 9:08	24:17 3:47	31:05 6:48	34:35 3:30	37:45 3:10	42:51 5:06	48:28 5:37	50:42 2:14	56:36 5:54	59:46 3:10	1:09:41 9:55
32	176	Adolfsson Lars Eslövs FK	1:17:26	4:08 4:08 1:16:47 1:24 0:39	10:26 6:18 1:17:26 0:39	15:45 5:19	24:48 9:03	30:20 5:32	39:22 9:02	43:19 3:57	46:38 3:19	53:04 6:26	56:30 3:26	59:23 2:53	1:09:07 9:44	1:12:43 3:36	1:15:23 2:40
33	187	Tamberg Susan Ballerup OK	1:25:09	3:21 3:21 1:24:33 1:22 0:36	9:24 6:03 1:25:09 0:36	14:15 4:51	32:07 17:52	38:10 6:03	47:26 9:16	51:40 4:14	54:52 3:12	1:01:38 6:46	1:04:12 2:34	1:07:26 3:14	1:16:41 9:15	1:20:22 3:41	1:23:11 2:49
	186	Tamberg Gunnar Ballerup OK	Fejlkl.	2:42 2:42 1:06:24 1:44 0:43	6:51 4:09 1:07:07 0:43	10:01 3:10	17:09 7:08	25:27 8:18	32:06 6:39	36:42 4:36	39:02 2:20	46:49 7:47	48:53 2:04	51:19 2:26	----	----	1:04:40 13:21
	285	Kajberg Leif OK73	Fejlkl.	2:30 2:30 45:22 11:33 0:24	6:08 3:38 45:46 0:24	9:58 3:50	15:47 5:49	19:33 3:46	27:22 7:49	31:11 3:49	33:49 2:38	----	----	----	----	----	----
Åben 4 (4,5 km) (16)				4.3 km 0 Hm 16 K													
				1(31) 15(43)	2(93) 16(100)	3(77) M	4(73)	5(70)	6(71)	7(72)	8(76)	9(103)	10(52)	11(95)	12(58)	13(57)	14(51)
1	203	Gautschi Simon FIF Hillerød Oriente	37:03	1:38 1:38 35:02 1:19 1:47 0:14	4:16 2:38 36:49 1:47 0:14	7:31 3:15 37:03	9:20 1:49	11:32 2:12	14:19 2:47	16:23 2:04	19:05 2:42	22:01 2:56	25:01 3:00	28:32 3:31	29:31 0:59	30:52 1:21	33:43 2:51
2	297	Rønsov Christian HOI	45:26	1:52 1:52 43:27 2:35 1:41 0:18	4:50 2:58 45:08 1:41 0:18	7:49 2:59	9:52 2:03	14:01 4:09	17:02 3:01	20:02 3:00	23:15 3:13	26:16 3:01	29:48 3:32	35:29 5:41	36:41 1:12	38:17 1:36	40:52 2:35
3	177	Krüger Birgitte Helsingør SOK	59:14	2:06 2:06 56:18 1:41 2:34 0:22	5:10 3:04 58:52 2:34 0:22	8:49 3:39	11:16 2:27	15:01 3:45	20:08 5:07	23:01 2:53	31:11 8:10	34:56 3:45	39:48 4:52	45:39 5:51	47:06 1:27	50:04 2:58	54:37 4:33
4	179	Hershøj Trine OK73	1:03:22	4:25 4:25 1:00:41 1:18 2:26 0:15	8:02 3:37 1:03:07 2:26 0:15	12:12 4:10 1:03:22	15:27 3:15	22:22 6:55	26:54 4:32	30:38 3:44	35:41 5:03	40:39 4:58	46:22 5:43	51:22 5:00	52:54 1:32	54:58 2:04	59:23 4:25

Pl	Stnr	Navn	Tid																	
Åben 4 (4,5 km) (16)				4.3 km 0 Hm 16 K			<i>(skrifttyper)</i>													
				1(31)	2(93)	3(77)	4(73)	5(70)	6(71)	7(72)	8(76)	9(103)	10(52)	11(95)	12(58)	13(57)	14(51)			
				15(43)	16(100)	M														
5	178	Maarup Majken Allerød OK	1:06:03	2:29	7:34	11:05	13:33	17:00	21:24	25:28	28:43	32:34	41:14	45:51	48:25	55:04	58:30			
				2:29	5:05	3:31	2:28	3:27	4:24	4:04	3:15	3:51	8:40	4:37	2:34	6:39	3:26			
				1:02:42	1:05:45	1:06:03														
				4:12	3:03	0:18														
6	269	Christiansen Julie Uden klub	1:06:23	3:31	6:55	10:12	22:34	26:20	29:51	33:02	37:15	41:03	49:26	54:12	57:18	59:18	1:02:35			
				3:31	3:24	3:17	12:22	3:46	3:31	3:11	4:13	3:48	8:23	4:46	3:06	2:00	3:17			
				1:03:41	1:06:06	1:06:23														
				1:06	2:25	0:17														
7	190	Rønne Eskild Kildeholm OK	1:10:42	2:46	6:43	12:05	15:20	19:48	26:00	29:55	35:17	40:08	45:17	52:28	54:21	56:56	1:02:47			
				2:46	3:57	5:22	3:15	4:28	6:12	3:55	5:22	4:51	5:09	7:11	1:53	2:35	5:51			
				1:04:48	1:10:18	1:10:42														
				2:01	5:30	0:24														
8	246	Jensen Benthe OK Skærmen Værle	1:23:59	5:38	11:42	23:07	28:15	33:21	38:15	42:39	47:46	52:19	59:58	1:05:52	1:08:19	1:11:40	1:17:54			
				5:38	6:04	11:25	5:08	5:06	4:54	4:24	5:07	4:33	7:39	5:54	2:27	3:21	6:14			
				1:20:20	1:23:35	1:23:59														
				2:26	3:15	0:24														
9	241	Aabye Anneli Ballerup OK	1:26:05	3:19	9:04	14:37	18:22	22:56	28:51	33:18	38:56	51:11	58:21	1:05:22	1:08:22	1:12:08	1:18:46			
				3:19	5:45	5:33	3:45	4:34	5:55	4:27	5:38	12:15	7:10	7:01	3:00	3:46	6:38			
				1:21:17	1:25:41	1:26:05														
				2:31	4:24	0:24														
10	191	Røpke Dorrit Farum OK	1:29:33	7:24	13:00	18:52	22:59	29:11	34:20	38:11	45:47	52:08	59:03	1:05:55	1:08:26	1:13:52	1:22:24			
				7:24	5:36	5:52	4:07	6:12	5:09	3:51	7:36	6:21	6:55	6:52	2:31	5:26	8:32			
				1:25:55	1:29:09	1:29:33														
				3:31	3:14	0:24														
11	244	Gundel Marianne Ballerup OK	1:30:43	3:51	10:43	16:36	20:32	31:18	38:59	44:23	50:14	57:40	1:05:35	1:14:25	1:16:17	1:19:17	1:24:59			
				3:51	6:52	5:53	3:56	10:46	7:41	5:24	5:51	7:26	7:55	8:50	1:52	3:00	5:42			
				1:27:32	1:30:27	1:30:43														
				2:33	2:55	0:16														
12	245	Petersen Annette Ballerup OK	1:31:15	4:04	10:43	16:53	20:53	31:26	39:27	44:44	50:32	57:44	1:05:58	1:14:39	1:16:31	1:19:45	1:25:17			
				4:04	6:39	6:10	4:00	10:33	8:01	5:17	5:48	7:12	8:14	8:41	1:52	3:14	5:32			
				1:27:52	1:30:50	1:31:15														
				2:35	2:58	0:25														
13	287	Clausen Birthe DSR	1:06:41	5:01	13:44	21:26	28:07	35:45	43:13	52:31	1:00:23	1:11:45	1:21:57	1:33:20	1:38:51	1:44:07	1:55:24			
				5:01	8:43	7:42	6:41	7:38	7:28	9:18	7:52	11:22	10:12	11:23	5:31	5:16	11:17			
				1:58:47	2:05:58	2:06:41														
				3:23	7:11	0:43														
189	Bigler Jan Herlufsholm OK	Fejlkl.	2:46	8:18	27:40	31:02	37:59	42:49	46:14	----	56:48	1:02:12	1:08:18	1:09:47	1:11:52	1:16:30				
				2:46	5:32	19:22	3:22	6:57	4:50	3:25	----	10:34	5:24	6:06	1:29	2:05	4:38			
				1:18:22	1:21:48	1:22:08														
				1:52	3:26	0:20														
199	Frederiksen Vigga (FIF Hillerød Oriente)	Fejlkl.	1:51	4:28	7:48	9:50	12:30	16:00	----	25:01	27:53	32:44	36:26	37:24	38:49	42:27				
				1:51	2:37	3:20	2:02	2:40	3:30	----	9:01	2:52	4:51	3:42	0:58	1:25	3:38			
				43:51	45:24	45:37														
				1:24	1:33	0:13														
266	Frøkov de Mugshki Uden klub	Fejlkl.	2:33	15:44	53:03	59:21	1:07:41	1:14:18	----	----	----	----	----	----	----	----				
				2:33	13:11	37:19	6:18	8:20	6:37	----	----	----	----	----	----	----	----			
				-----	-----	-----														

Pl	Stnr	Navn	Tid																
Åben 4 (4,5 km) (16)				4.3 km 0 Hm 16 K			<i>(skrifttyper)</i>												
				1(31)	2(93)	3(77)	4(73)	5(70)	6(71)	7(72)	8(76)	9(103)	10(52)	11(95)	12(58)	13(57)	14(51)		
				15(43)	16(100)	M													
Åben 5 (3,5 km) (11)				3.5 km 0 Hm 22 K															
				1(35)	2(36)	3(37)	4(45)	5(79)	6(80)	7(82)	8(47)	9(48)	10(59)	11(75)	12(49)	13(61)	14(62)		
				15(63)	16(64)	17(53)	18(54)	19(55)	20(65)	21(67)	22(100)	M							
1	183	Sander Emilie FIF Hillerød Oriente	25:33	0:56	1:30	2:52	3:46	4:30	6:46	8:39	10:01	11:34	12:39	13:59	15:14	16:22	17:39		
				0:56	0:34	1:22	0:54	0:44	2:16	1:53	1:22	1:33	1:05	1:20	1:15	1:08	1:17		
				18:23	18:56	19:36	21:45	22:42	23:46	24:24	25:18	25:33							
				0:44	0:33	0:40	2:09	0:57	1:04	0:38	0:54	0:15							
2	181	Sander Brian Hartvi FIF Hillerød Oriente	26:05	1:08	1:51	2:52	3:34	4:12	6:00	8:29	9:47	11:17	12:25	13:08	16:53	18:03	19:13		
				1:08	0:43	1:01	0:42	0:38	1:48	2:29	1:18	1:30	1:08	0:43	3:45	1:10	1:10		
				20:03	20:28	21:00	22:35	23:26	24:20	25:00	25:50	26:05							
				0:50	0:25	0:32	1:35	0:51	0:54	0:40	0:50	0:15							
3	198	Frederiksen Ebba G FIF Hillerød Oriente	26:32	1:02	1:39	2:52	3:43	4:23	6:06	8:04	9:32	11:07	12:13	13:25	15:00	16:09	17:33		
				1:02	0:37	1:13	0:51	0:40	1:43	1:58	1:28	1:35	1:06	1:12	1:35	1:09	1:24		
				18:07	18:37	19:20	22:15	23:23	24:37	25:27	26:18	26:32							
				0:34	0:30	0:43	2:55	1:08	1:14	0:50	0:51	0:14							
4	274	Storgaard Marius Farum OK	26:54	1:24	1:56	3:15	4:10	4:44	6:43	8:49	10:13	12:11	13:09	14:05	14:41	15:41	16:53		
				1:24	0:32	1:19	0:55	0:34	1:59	2:06	1:24	1:58	0:58	0:56	0:36	1:00	1:12		
				17:25	17:52	18:31	21:10	22:35	23:53	25:19	26:41	26:54							
				0:32	0:27	0:39	2:39	1:25	1:18	1:26	1:22	0:13							
5	229	Hagedorn Frida Søllerød OK	27:43	0:56	1:37	3:14	4:04	5:02	7:11	9:29	11:04	13:31	14:56	15:58	17:04	18:12	19:45		
				0:56	0:41	1:37	0:50	0:58	2:09	2:18	1:35	2:27	1:25	1:02	1:06	1:08	1:33		
				20:28	21:00	21:42	23:39	24:41	25:49	26:35	27:30	27:43							
				0:43	0:32	0:42	1:57	1:02	1:08	0:46	0:55	0:13							
6	184	Sander Tina FIF Hillerød Oriente	30:36	1:12	1:53	3:12	4:14	5:07	7:13	9:23	11:09	13:22	14:47	16:12	17:21	18:29	20:30		
				1:12	0:41	1:19	1:02	0:53	2:06	2:10	1:46	2:13	1:25	1:25	1:09	1:08	2:01		
				21:31	22:07	22:48	24:55	26:50	27:58	28:57	30:17	30:36							
				1:01	0:36	0:41	2:07	1:55	1:08	0:59	1:20	0:19							
7	180	Sander Emma FIF Hillerød Oriente	34:06	1:08	1:52	3:24	4:54	5:53	8:22	11:24	14:09	16:27	17:52	18:50	21:06	22:54	24:49		
				1:08	0:44	1:32	1:30	0:59	2:29	3:02	2:45	2:18	1:25	0:58	2:16	1:48	1:55		
				25:40	26:22	27:11	29:47	30:58	32:11	32:56	33:50	34:06							
				0:51	0:42	0:49	2:36	1:11	1:13	0:45	0:54	0:16							
8	248	Henningsen Gustav FIF Hillerød Oriente	38:28	1:12	1:53	3:13	4:08	4:45	9:36	11:56	13:46	18:40	20:57	23:08	24:34	26:42	29:20		
				1:12	0:41	1:20	0:55	0:37	4:51	2:20	1:50	4:54	2:17	2:11	1:26	2:08	2:38		
				30:17	30:53	32:00	34:12	35:12	36:25	37:13	38:10	38:28							
				0:57	0:36	1:07	2:12	1:00	1:13	0:48	0:57	0:18							
9	182	Gehlishøj Lena Kocf FIF Hillerød Oriente	44:04	1:47	2:54	5:12	6:23	7:31	9:51	13:35	15:57	18:41	20:44	22:58	24:28	26:27	30:17		
				1:47	1:07	2:18	1:11	1:08	2:20	3:44	2:22	2:44	2:03	2:14	1:30	1:59	3:50		
				31:30	32:42	33:57	37:09	38:51	40:38	41:57	43:37	44:04							
				1:13	1:12	1:15	3:12	1:42	1:47	1:19	1:40	0:27							
10	220	Konradsen Ib Søllerød OK	1:05:16	2:33	4:04	6:44	8:34	9:50	17:43	22:05	25:17	28:33	31:01	38:01	40:47	43:57	47:22		
				2:33	1:31	2:40	1:50	1:16	7:53	4:22	3:12	3:16	2:28	7:00	2:46	3:10	3:25		
				48:51	49:59	51:35	55:31	58:30	1:00:54	1:02:28	1:04:36	1:05:16							
				1:29	1:08	1:36	3:56	2:59	2:24	1:34	2:08	0:40							

